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**SUNY Upstate Project ECHO® (Extension for Community Healthcare Outcomes)**

**SUNY Upstate Obstetrics and Gynecology TeleECHO**

***Pelvic Floor Rehabilitation for the Perinatal Patient***

**SUNY Upstate**

**Syracuse, NY**

**Thursday, June 26, 2025**

**Noon - 1 PM**

**TARGET AUDIENCE:**Physicians, Physicians Assistants, Nurse Practitioners, Registered Nurses, Community Health Care Workers, Pre-Hospital Healthcare workers, Pharmacists, Emergency Care Providers

**PRESENTER:**   
Amanda McCormick, DPT

Melanie Cominsky, PT

**OBJECTIVES:**   
Participants will be able to:

* Gain knowledge of basic pelvic floor anatomy and function.
* Understand the components of a pelvic floor physical therapy evaluation.
* Understand the importance of pelvic floor physical therapy for the pregnant and postpartum population.
* Gain clinical pearls regarding pelvic rehabilitation.
* Recognize when and how to refer for pelvic floor physical therapy evaluation in the acute vs. outpatient setting.

**ACCREDITATION:** SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

**CREDIT DESIGNATION**: SUNY Upstate Medical University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PLANNER DISCLOSURES**: C. Narcavage-Bradley, K. Donovan do not have relevant financial relationships with ineligible companies.

**SPEAKER DISCLOSURE**: A. McCormick, M. Cominsky do not have relevant financial relationships with ineligible companies.

**MITIGATION:** All listed relevant financial relationships have been mitigated.

**COMMERCIAL SUPPORT:** No commercial is received for this CME program.