

Upstate Mental Health REACH Fall ECHO series

Cycle 9 – Sept– Dec 2026

Wednesday's at 12 pm



9/2/26	Aging Services- Research, Resources, and Referrals Rebecca Preve, Executive Director, Association on Aging in New York
9/16/26	Depression in Older Adults: Uniquely Effective Strategies and Considerations Justin Meyer, MD, Assistant Professor, SUNY Upstate Medical University
9/23/26	Pharmacogenomics: Mental Health Robert Ostrander, MD, FAAFP, Medical Director Rural Medical Scholars Program and Associate Professor, SUNY Upstate Medical University
10/7/26	Pain Management for Patients with Substance Use Disorders Shakaib Khan, MD, Assistant Professor, UCONN Health Center & Rebecca Andrews, MS, MD, MACP, Professor of Medicine, UCONN Health Center
10/14/26	Substance Use Disorder in Older Adults Tolani Ajagbe, MD, FASAM, Associate Professor, SUNY Upstate Medical University
10/21/26	Many Faces of Anxiety Disorders Kay Yu Yuan Chai, PhD, Assistant Professor, SUNY Upstate Medical University
10/28/26	From Models to Outcomes: Integrated Care in Practice Shakaib Khan, MD, Assistant Professor, UCONN Health Center & Rebecca Andrews, MS, MD, MACP, Professor of Medicine, UCONN Health Center
11/4/26	Identifying and Managing Patients Affected by Intimate Partner Violence (IPV) Julienne Capria, MD, Psychiatrist, Oswego Health
11/18/26	The Forgotten Patient: Recognizing and Managing ADHD in Older Adults Prashant Kaul, MD, Clinical Assistant Professor, SUNY Upstate Medical University
12/2/26	Grief in Primary Care Practice Kathryn Hagen, PsyD, Assistant Professor, SUNY Upstate Medical University

Link to join:

<https://echo.zoom.us/j/735931981?pwd=Tk5VYmNyMndOZmM2V1NlQkpSdFMxZz09>