

# Volunteers Needed for Research Study on Workaholism

Are you 18 years or older and work in healthcare?

Interested in how early life roles or personality traits relate to work habits?

Take part in an anonymous online study!

<https://redcap.upstate.edu/surveys/?s=J78T8NW977DA7MAJ>

## Behind the Hustle: Exploring Workaholism and Growing Up Too Fast

We are conducting research on how experiences such as **parentification** (taking on adult responsibilities as a child) and **personality traits** relate to **workaholic** tendencies in adulthood.

### What's Involved:

- Three short online surveys (~30-45 minutes) taken on your own time
- Questions about your personality, family roles growing up, and work habits
- Completely **anonymous** and **voluntary**

### Location

- You can participate from anywhere, on your own time, using a phone, tablet, or computer.

### Are you eligible?

- 18 years or older
- Fluent in English
- Currently employed OR have previous work in the healthcare field
- *If you know someone who also fits this criteria and might want to participate, please feel free to share this flyer with them!*

**If you're unsure if you meet the requirements, call or email a member of the study team:**

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