



Psychological First Aid Train-the-Trainer (HPP Deliverable 5 / PHEP Deliverable C-15)

Background

The Office of Health Emergency Preparedness (OHEP), in partnership with the NYS Office of Mental Health and the SUNY New Paltz Institute for Disaster Mental Health (IDMH), has developed a revised curriculum in Psychological First Aid (PFA). PFA is an evidence-informed approach that provides staff with practical methods to help people with their basic needs and immediate concerns during, or in the aftermath, of an emergency. It is designed to reduce the initial distress caused by traumatic events and to foster short- and long-term adaptive functioning and coping.

In this four-hour training, participants will learn PFA and how to teach the curriculum to staff at their job site or agency on how to recognize and respond to early stress reactions among individuals impacted by a traumatic event or disaster.

Target Audience

One person from each hospital, county health department, and mental health facility identified to return to their facility and teach staff members on how to incorporate PFA practices into their response activities.

Presenter

Karla Vermeulen, Ph.D.
Deputy Director, Institute for Disaster Mental Health (IDMH), SUNY New Paltz

Questions Regarding Training

Direct questions to prepedap@health.ny.gov or 518-474-2893.

Training Dates

- **May 20, 2019, 12:00pm – 4:00pm @ [Adirondack Medical Center](#)**
- **May 22, 2019, 9:00am – 1:00pm @ [UAlbany School of Public Health](#)**
- **May 28, 2019, 9:00am – 1:00pm @ [Erie County Fire Training Center](#)**
- **May 29, 2019, 9:00am – 1:00pm @ [Ontario County Public Health](#)**
- **May 30, 2019, 9:00am – 1:00pm @ [State Preparedness Training Center](#)**
- **May 31, 2019, 9:00am – 1:00pm @ [Our Lady of Lourdes Hospital](#)**
- **June 3, 2019, 12:00pm – 4:00pm @ [Morrelly Homeland Security Center](#)**
- **June 10, 2019, 9:00am – 1:00pm @ [SUNY New Paltz](#)**

Registration

To enroll in the training, please go to www.NYlearnsPH.com and either register or login to the LMS. Search Course Catalog for: **OHEP-PFA-2019**

NOTE - PLEASE READ - Please verify your contact information and employer information in your LMS profile when registering. Any required course correspondence will be sent using the e-mail address listed in the LMS.

Questions Regarding NYSDOH Learning Management System (LMS)

Direct questions to edlearn@health.ny.gov or 518-473-4223 Ext 4.