



New York State

CARES UP

2021 FALL WEBINAR SERIES

Changing the Conversation | Awareness | Resilience | Empower Peers | Skill Building/Suicide Prevention
for
Uniformed Personnel

Webinar Title:

First Responder Behavioral & Mental
Health Wellness:
Lessons from the Field



Presented by:

Drew Anderson, Ph.D., FF/EMT is
an Associate Professor of
Psychology at the University at
Albany-SUNY

Webinar Goals:

- Provide reasons why we see more behavioral/ mental health issues in first responders
- Describe protective factors that boost behavioral/ mental health wellness
- Describe possible ways to help first responders struggling with behavioral / mental health issues

Offering Multiple Dates & Times for Various First Responder Audiences

October

Intended Audience - EMS

Open for All

20th from 11:00-12:30PM

[Register Here](#)

27th from 6:00-7:30PM

[Register Here](#)

November

Intended Audience -

Fire Fighters

Open for All

10th from 6:00-7:30PM

[Register Here](#)

15th from 11:00-12:30PM

[Register Here](#)

December

Intended Audience -

Law Enforcement &

Corrections Officers

Open for All

20th from 11:00-12:30PM

[Register Here](#)

27th from 6:00-7:30PM

[Register Here](#)

A certificate of attendance will be provided to those attendees who complete a post webinar evaluation form

Questions? Please feel free to reach out to:

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