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**SUNY Upstate Project ECHO® (Extension for Community Healthcare Outcomes)**

**SUNY Upstate REACH TeleECHO**

***Anxiety Disorders in Primary Practice***

**SUNY Upstate**

**Syracuse, NY**

**Wednesday, April 17, 2024**

**Noon - 1 PM**

**TARGET AUDIENCE:**Physicians, Physicians Assistants, Nurse Practitioners, Registered Nurses, Community Health Care Workers, Pre-Hospital Healthcare workers, Pharmacists, Emergency Care Providers

**PRESENTER:**   
Chris Lucas, MD, MPH

**OBJECTIVES:**   
Participants will be able to:

* Describe Anxiety as it may present in patients in primary care settings and gain knowledge of DSM5 criteria for anxiety disorders.
* Identify screening and assessment tools that can be used to evaluate anxiety symptoms by primary care providers.
* Summarize safe and effective treatments for managing anxiety in the primary care setting.

**ACCREDITATION:** SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

**CREDIT DESIGNATION**: SUNY Upstate Medical University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PLANNER DISCLOSURES**: C. Lucas and K. Donovan do not have relevant financial relationships with ineligible companies.

**SPEAKER DISCLOSURE**: C. Lucas does not have relevant financial relationships with ineligible companies.

**MITIGATION:** All listed relevant financial relationships have been mitigated.

**COMMERCIAL SUPPORT:** No commercial is received for this CME program.