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**SUNY Upstate Project ECHO® (Extension for Community Healthcare Outcomes)**

**SUNY Upstate REACH TeleECHO**

***Treatment of Anxiety and Depression in Older Adults***

**SUNY Upstate**

**Syracuse, NY**

**Wednesday, April 24, 2024**

**Noon - 1 PM**

**TARGET AUDIENCE:**Physicians, Physicians Assistants, Nurse Practitioners, Registered Nurses, Community Health Care Workers, Pre-Hospital Healthcare workers, Pharmacists, Emergency Care Providers

**PRESENTER:**   
Kristina Zdanys, MD

**OBJECTIVES:**   
Participants will be able to:

* Describe presenting symptoms of anxiety and depression in older adults.
* Discuss the differential diagnosis of anxiety and depression in older adults.
* Identify pharmacological and non-pharmacological strategies for management of anxiety and depression in older adults.

**ACCREDITATION:** SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

**CREDIT DESIGNATION**: SUNY Upstate Medical University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PLANNER DISCLOSURES**: K. Zadanys and K. Donovan do not have relevant financial relationships with ineligible companies.

**SPEAKER DISCLOSURE**: K. Zdanys does not have relevant financial relationships with ineligible companies.

**MITIGATION:** All listed relevant financial relationships have been mitigated.

**COMMERCIAL SUPPORT:** No commercial is received for this CME program.