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**SUNY Upstate Project ECHO® (Extension for Community Healthcare Outcomes)**

**SUNY Upstate Obstetrics & Gynecology TeleECHO**

***Contraception Update***

**SUNY Upstate**

**Syracuse, NY**

**Tuesday, January 23, 2024**

**12-1 PM**

**TARGET AUDIENCE:**Physicians, Physicians Assistants, Nurse Practitioners, Registered Nurses, Community Health Care Workers, Pre-Hospital Healthcare workers, Pharmacists, Emergency Care Providers

**PRESENTER:**   
Renee Mestad, MD, MSCI

**OBJECTIVES:**   
Participants will be able to:

* Describe contraceptive methods currently available in the United States.
* Describe the contraceptive mechanisms of actions.
* Describe the efficacy of available contraceptive methods.

**ACCREDITATION:** SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

**CREDIT DESIGNATION**: SUNY Upstate Medical University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PLANNER DISCLOSURES**: R. Mestad, K. Donovan do not have relevant financial relationships with ineligible companies.

**SPEAKER DISCLOSURE**: R. Mestad do not have relevant financial relationships with ineligible companies.

**MITIGATION:** All listed relevant financial relationships have been mitigated.

**COMMERCIAL SUPPORT:** No commercial is received for this CME program.