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**SUNY Upstate Project ECHO® (Extension for Community Healthcare Outcomes)**

**SUNY Upstate Emergency Medicine TeleECHO**

**REACH – Smoking Cessation in Primary Care Practice**

**SUNY Upstate**

**Syracuse, NY**

**Wednesday, September 24, 2025**

**12-1 PM**

**TARGET AUDIENCE:**Physicians, Physicians Assistants, Nurse Practitioners, Registered Nurses, Community Health Care Workers, Pre-Hospital Healthcare workers, Pharmacists, Emergency Care Providers

**PRESENTER:**   
Zsuzsa Szombathyne Meszaros, MD, PhD, DFAPA

**OBJECTIVES:**   
Participants will be able to:

* Review DSM-5TR criteria of nicotine use disorder.
* Identify FDA approved medications for smoking cessation.
* Discuss the role of motivational interviewing in treatment of individuals with nicotine use disorder.

**ACCREDITATION:** SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

**CREDIT DESIGNATION**: SUNY Upstate Medical University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PLANNER DISCLOSURES**: None of the planners have relevant financial relationships with ineligible companies.

**SPEAKER DISCLOSURE**: Z. S. Meszaros does not have relevant financial relationships with ineligible companies.

**COMMERCIAL SUPPORT:** No commercial is received for this CME program.