

# UPSTATE

## UNIVERSITY HOSPITAL

Department of Pathology

To: Medical Staff  
Subject: Best Practice Advisory for Hemoglobin A1 c

- Upstate Pathology is currently offering “**Hemoglobin A1 c**” (**Epic Code: LAB90**). Hemoglobin A1c is a good measure of the average blood glucose levels. This level changes gradually with dietary changes. Therefore, testing patients more frequently than once in any 90 day period is rarely indicated. For patients requiring acute adjustments of blood sugar treatments, testing once in 30 day period is reasonable. Testing more frequently than once in 30 days is rarely indicated.
- To minimize inappropriate ordering frequency of HbA1c **effective September 11<sup>th</sup>, 2019**, Upstate Providers will be seeing a pop up in the form of Best Practice Advisory (Please see the screen shot below). The Best Practice Advisory will also provide you with the date of the last sample collected and the result of that testing.

### **Best Practice Advisory for Hemoglobin A1 c**

BestPractice Advisory - Orderstest, Alexis

Hemoglobin A1C should be tested once in any 90 day period for most patients. For patients requiring acute adjustments of treatment, testing should be limited to once in a 30 day period.

For any questions regarding frequency of testing, please contact the Chemistry lab at 315-464-9175

Last HGBA1C, Collected: 8/26/2019 = 5.2  
Last HA1C: Not on file  
Last EAG: Not on file

Remove the following orders?

**Hemoglobin A1c**  
ONCE, First occurrence today at 1434 Tier 1 (all credentialed providers) Hemoglobin A1C should be tested once in any 90 day period for most patients. For patients requiring acute adjustments of treatment, testing should be limited to once in a 30 day period. For any questions regarding frequency of testing, please contact the Chemistry lab at 315-464-9175