

TO: All Physicians
FROM: Sylva Bem, M.D., Director of Immunology
DATE: December 26, 2019
RE: ANA Titer Values

The Immunology Laboratory will be changing ANA titer values beginning December 31, 2019.

The new cut-off value for **positive ANA results** will be **>1:80**, instead of **>1:50** currently in place. Positive results will have subsequent 2-fold serial dilutions with end-titer at 1:2560.

Because of this change, some patients with previous weakly positive results can become negative.

This change reflects the current literature recommendations for testing ANA-associated systemic rheumatic diseases.