Hemolysis flag for potassium testing

UPSTATE UNIVERSITY HEALTH SYSTEM

- ☐ Hemolysis can affect the accuracy of testing for many chemistry tests
- ☐ The Chemistry Laboratory analyzer estimates hemolysis level for each sample using a Hemolysis index (H-index)
- ☐ The H-index level is used to determine when the "hemolyzed" flag is added to a laboratory test value or when the test value should not be displayed in Epic

<u>Potassium</u>

- ☐ Potassium is concentrated inside cells, including red blood cells
- ☐ Hemolysis may result in a falsely elevated potassium result due to release of potassium into the plasma
- ☐ Currently samples with an H-index above 20 but <400 are flagged as "hemolyzed" and reported in Epic
- ☐ Samples with an H-index above **400** (grossly hemolyzed) are **NOT** reported due to significant interference to analytical accuracy

Reporting Update

- ☐ Beginning March 29th, 2022, potassium reported results will be flagged as "hemolyzed" when the H level is >50 but <400
- ☐ Providers should understand that, at an H level of 50, potassium levels reported in Epic are potentially higher than true values by up to 13.9% (95% CI 9.6-18.2%)



Example patient results and possible error

Potassium

3.9

If there **IS** hemolysis but **H<50**, the patient's true potassium could be **3.4** and no "hemolyzed" flag

Potassium.

5.7

If there **IS** hemolysis but **H<50**, the patient's true potassium could be **4.9** and no "hemolyzed" flag

For questions, please contact the Chemistry Department (464-6822 Downtown, 492-5531 Community)