

Director: Dr. Amit Dhamoon
Coordinator: Andrea Rhea

MD/PHD NEWSLETTER

AUGUST 2022



Message from Amit

I hope all of you are taking advantage of the warmth and sunshine over the summer. As we transition to the fall, I look forward to learning from you during our Grand Rounds sessions. We will be trying some new approaches to learning for these sessions. Over the course of the next few weeks, we will also be rejuvenating the clinical experiences for our PhD students—more to come on this. In addition, we will be setting up individual meetings with all of you. Please reach out if you need anything.

Message from Andrea

Recalibrating, sunshine, gatherings and finding balance- that's what August is for.

"Back-to-school" season is upon us (always a teacher/mom). I have been officially checking-in and meeting with most of you. Our peer-mentors and mentees are also meeting. It has been a delight seeing more of you drop-in. I hope everyone feels supported and on track. Let me know if you have any concerns and/or any supports that I haven't anticipated.

Summertime offers flexibility but I love a good routine! As part of your fall semester preparations, please check-out the 2022-23 Grand Rounds schedule in the MDPhD Student Resources folder (OneDrive). This is a good time to let me know if a date isn't going to work out for you. Feel free to swap presentation dates amongst yourselves. Please inform me if you do.

Happy Birthday!

August 1

Jennifer M



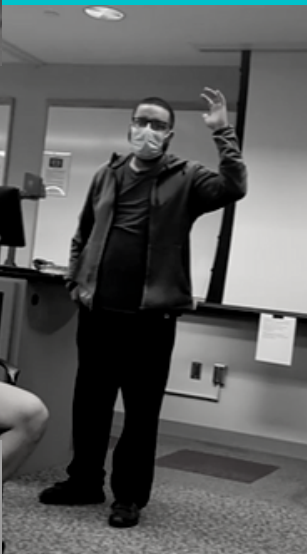
August 2

Adam



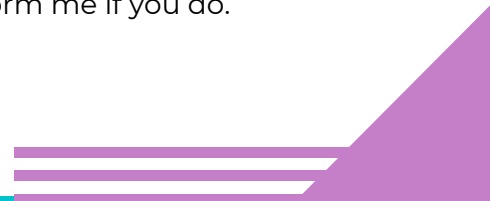
August 9

HJ



August 11

Brandon





UPSTATE

MEDICAL UNIVERSITY

College of Graduate Studies Summer Open House Thursday, July 21, 2022



The COGS Summer Open House hosted many prospective students with high interest and enthusiasm for our MDPHD program. Thank-you Gargi and Rafi for kindly taking our guests on an Upstate University tour. Stay tuned for upcoming events such as this. We love to involving our very own amazing students in the recruitment of new students as much as possible. Thanks everyone!

You're Invited!

Upcoming Events

- August 4-5 : MSI Orientation
- August 8: MSI and MSII Fall Semester Begins
- August 22: Fall Semester Begins

BURROW

Buffalo, Upstate, Rochester: Research out West(ern NY)

MDPhD Conference

Following a two-year hiatus, Univeristy of Rochester has announced that this fall will mark the return of a our regional annual MD/PhD Conference. (Formerly named the Tri-Institutional Conference, now BURROW). U of R will host the event in person on Saturday, October 22nd. This will be an all-day event complete with student talks, posters, faculty talks, breakout sessions and more. This event is open to all MD/PhD students, and medical students in research in the Rochester, Syracuse and Buffalo areas. More details will follow in the coming months.

If you have any suggestions regarding specific keynotes, breakout sessions, etc., please fill out this optional [Google form](#).

Campus Employee of the Year: Jennifer Brennan



Congrats to Jennifer!
Thank-you for
everything you do.

Jennifer Brennan is known as meticulous, organized, and excellent at communicating. She exemplifies the positive energy and "above-and-beyond" approach that this award recognizes. Earlier this year, the MD/PhD program was left without a coordinator in the middle of interview/acceptance season. Brennan took on the role of executive coordinator in the College of Graduate Studies (COGS). This effort alone includes many responsibilities and much coordination with masters', PhD, and MD/PhD students across several departments and colleges. She implemented a notable improvement to the COGS registration process by including individual meetings with all students twice per year.



Awards & Publications

Mike Garone



Focal segmental glomerulosclerosis and proteinuria associated with Myo1E mutations: novel variants and histological phenotype analysis; in Pediatric Nephrology

[PubMed link](#)

Adam Wegman



Fever and hypothermia do not affect the all-cause 30-day hospital readmission

[PubMed link](#)

Personal and Other

Mike is going with a group of Neuroscience students to see Dr. Vertino play in his Grateful Dead cover band!

Josh is developing an infection model with high clinical significance that has yielded some promising initial results! In his free time, he is rebuilding his porch with his brother and going on a fishing trip with his dad this month.

Akshay went on a hiking trip in Montana and hasn't stopped limping since day one of the trip and it's been about two weeks...yikes!

Laura is spending the month doing an away Emergency Medicine rotation in Cincinnati!

Sanaea tried FACS in the lab for the first time and this summer she even started biking...for fun!

Olivia, Cora and Sam are finishing up their first lab rotation and starting medical school. You are all fantastic!

Rafi is having an adventure in Colorado!

Andrea is in denial about her baby boy turning 2 this month (August 26th). Happy birthday, Oscar!



Nevan Blayney Kemp

Born Friday, July 22, 2022

Allan, Allyson and Maëlle welcomed their new addition. Everyone is doing well.

Brandon assisted in bringing the little bundle of joy Earthside. Isn't that amazing? It was truly an Upstate MDPHD occasion!



Happening Now

- MDPHD Website Revival
- Peer-mentorship program kick-off
- Check-in's and tracking with Andrea
- MDPHD Student Resource folder (OneDrive)

A 55 Word Story about 55 Word Stories

Encouraging you to consider this tool as a mindfulness exercise to help process emotions stemming from whatever experience you are immersed in along the MDPHD journey. A difficult patient encounter? A challenging day? A research breakthrough?

Pause. Reflect. Write. Share. Connect.

See details, get more information, in the last tab of your Grand Round schedule.