



Department of Psychiatry 2025 Annual Research Day

Date: November 20th, 2025

Time: 9:15am-2pm

Location: SUNY Upstate Downtown Campus, Syracuse

Oral presentations will take place at Hutchings Auditorium

Poster presentations will take place at IHP



Program:

9:15am-9:45am: Registration

9:45am-10:00am: Opening Remarks - Wei Dong Yao, PhD

10:00am-10:30am: How Does One Become a Psychotherapy Researcher? - Robert Gregory, MD

10:30am-11:00am: AI and Real-World Data in Psychiatry: Modeling Mental Illness and Metabolic Comorbidities- Yanli Zhang-James, MD, PhD

11:00am-12:00pm: Advances in the Genetics of ADHD: Implications for Clinicians and Researchers- Stephen Faraone, PhD

12:00pm-2:00pm: Poster Presentations

2:00pm: Award Ceremony

Learning Objectives:

1. Discuss most recent neurobiological research findings and their impact on understanding of major psychiatric disorders
2. Review current AI applications in psychiatry and discuss their benefits and limitations
3. Critically evaluate emerging psychotherapy modalities and assess their effectiveness and real-world applicability

Intended Audience:

MD, PhD, PA, NP, Medical Students, Graduate Students, Social Workers, Residents, Fellows

ACCREDITATION STATEMENT

Accreditation: SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: SUNY Upstate Medical University designates this live activity for a maximum of 2.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

