

# The Whitney Lectureship

— ENDOWMENT —

INSPIRING | ENHANCING | ENCOURAGING

## *The 2026 Whitney Lecture Series* **October 7-9, 2026**

### **A 3-Day Series of Wellness + Community Events for Healthcare Workers**

Healthcare workers spend their days caring for others. This three-day series will explore moral distress, healthcare worker wellbeing, community, and the realities of working in health care.

**Wednesday, October 7, 2026 - *Moral Distress in Healthcare: Unmasking a Culture of Harm*; a lecture**

**12:00 pm - 1:00 pm at the Upstate Community Campus, or**

**5:00pm - 6:00 pm at the Upstate Downtown Campus**

Free and open to the public with in-person & virtual attendance options

**Thursday, October 8, 2026 - Keystone event featuring “*Don’t Clock Out, A short film*” with Q & A and panel discussion**

**4:30 - 5:30 pm: Reception & Networking | 5:30 pm: Program Begins**

***Upstate Medical University’s Weiskotten Hall***

Free and open to the public with in-person & virtual attendance options

**Friday, October 9, 2026 - Creating Communities of Care - A Wellness Workshop**

**10:30 am - 2:30 pm | New Academic Building | Room 4414A**

**Drop in to pause and reconnect through somatic, mindfulness and reflective activities.**

Open to Upstate employees & students only

*Nursing CE Credits are available. See registration page for details.*

**ATTEND ALL THREE DAYS OR JUST THE SESSIONS THAT INTEREST YOU.**

**LEARN MORE  
& RSVP NOW**



**REGISTRATION IS  
REQUIRED FOR  
ALL SESSIONS**

Presented by:

**UPSTATE**  
MEDICAL UNIVERSITY  
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