

TARGET AUDIENCE: Physicians, Psychologists, Psychiatric Nurse Specialists, Nurses, Social Workers, Residents & Fellows, Medical Students, Allied Mental Health Providers, and all other Healthcare providers. Grand Rounds course content is at Intermediate level.

APPROVED LMHC CEs

APPROVED PSYCHOLOGY CEs

DATE: Thursday, December 4th, 2025

Virtual Only

TIME: 12:30- 2:00 PM

TITLE: Innovating Med Ed with AI: Opportunities and Considerations

SPEAKERS: **Christy Boscardin, PhD**, Professor in the Department of Medicine and Department of Anesthesia and Perioperative Care and the director of Artificial Intelligence and Student Education Scholarship for the Department of Anesthesia & **Brian Gin, MD, PhD**, Associate Professor of medical education and pediatrics at the University of Illinois, Chicago.

DESCRIPTION: The presenters will share key findings from a literature review on the current landscape of AI in medical education domains and key challenges such as security, bias, and resource inequities related to AI integrations.

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Describe the current landscape of AI in medical education
2. Critically evaluate the challenges of AI integration in medical education

Faculty disclosure: Drs. Gin and Boscardin have no relevant financial relationships with ineligible companies.

Link to join Zoom session: <https://upstate.zoom.us/j/824931563>

Link for CME & CE credit Registration: (opens 10am day of Grand Rounds through following Monday)

<https://www.upstate.edu/cme/online-register.php>

DATE: Thursday, December 11th, 2025

NO GRAND ROUNDS – Department Faculty Meeting (open only to faculty members)

APPROVED PSYCHOLOGY CEs

APPROVED LMHC CEs

PSYCHOPHARMACOLOGY GRAND ROUNDS

HYBRID – In Person @ 719 Harrison St (TU4 Room 122)

DATE: Friday, December 12th, 2025

TIME: 3:00- 4:00 PM

TITLE: TMS use in Major Depressive Disorder, OCD, and others

SPEAKER: **William Sauve, MD,**

DESCRIPTION: Psychopharmacology Rounds is an educational series open to faculty and trainees who wish to get together in an open, in-person seminar format to discuss treatment guidelines with a hint of neurobiology and psychopharmacology approaches to a variety of psychiatric disorders. The hope is that by organizing and leading a discussion, we as a group can ensure we are up to date and ideally on the cutting edge of medication management approaches regarding DSM disorders.

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Diagnose psychiatric disorder and describe theoretical causes of psychiatric symptoms
2. Follow treatment guidelines and be aware of newer treatments available
3. Review some hypothetical cases

Faculty disclosure: Dr. Sauve has no relevant financial relationships with ineligible companies.

Link to join Webex session:

<https://upstate.webex.com/upstate/j.php?MTID=me720019ab2ca10d4cb70900d4372ff64>

Link for CME & CE credit Registration: (opens 10am day of Grand Rounds through following Monday)

<https://www.upstate.edu/cme/online-register.php>

FREE CME CREDITS OFFERED

Credit Designation

SUNY Upstate Medical University designates this live activity for a maximum of *1 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

JOURNAL CLUB

* HYBRID – IN PERSON @ 713 Harrison St. (TU3 2nd Floor) *

DATE: Thursday, December 18th, 2025

TIME: 12:30- 2:00 PM

TITLE: Increased Prescribing of Attention-Deficit/Hyperactivity Disorder Medication and Real-World Outcomes Over Time

SPEAKERS: Mihika Nepal, MBBS, and Saleha Qasim, MBBS, **Psychiatry Residents**; Attending: Dr. Helga Herold

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Summarize DSM-5TR criteria for ADHD
2. Review current available treatment modalities in treatment of ADHD
3. Discuss real world outcomes of ADHD treatment overtime.

Faculty disclosure: Drs. Nepal, Qasim, and Herold have no relevant financial relationships with ineligible companies.

Link to join Zoom session: <https://upstate.zoom.us/j/824931563>

Link for CME & CE credit Registration: (opens 10am day of Grand Rounds through following Monday)

<https://www.upstate.edu/cme/online-register.php>

DATE: Thursday, December 25th, 2025

NO GRAND ROUNDS- Happy Holidays! 🎄

Please email Pamela Le to be added to our email distribution list: lep@upstate.edu

****SCHEDULES can also be found online:** <https://www.upstate.edu/psych/education/grandrounds-calendar.php>

Grand Rounds Videos can also be found online:

<https://upstate.video.yuja.com/V/Playlist?node=58154010&a=775776232>

Planner Disclosures

None of the planners have financial relationships with ineligible companies with the exception of Thomas Schwartz who is a consultant for J&J.

Accreditation

SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

SUNY Upstate Medical University designates this live activity for a maximum of *1.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mitigation

All relevant financial relationships with ineligible companies have been mitigated.

Commercial Support: No commercial support was received for any of the above sessions

Continuing Education: SUNY Upstate Medical University, Department of Psychiatry is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists PSY 0285

Psychiatry Faculty Practice Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0336

Instructions to join Grand Rounds via Zoom:

SUNY Upstate Medical Psychiatry Grand Rounds

is inviting you to a scheduled Zoom meeting:

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to start or **join**. <https://upstate.zoom.us/j/824931563>

Or,

Go to <https://upstate.zoom.us/join> and enter **meeting ID: 824 931 563**

Join from dial-in phone line:

Dial: [+1 646 558 8656](tel:+16465588656) or [+1 408 638 0968](tel:+14086380968)

Meeting ID: 824 931 563

Participant ID: Shown after joining the meeting

Participants: This meeting automatically begins recording as soon as anyone joins it, so **please mute your microphone.**

