

**TARGET AUDIENCE:** Physicians, Psychologists, Psychiatric Nurse Specialists, Nurses, Social Workers, Residents & Fellows, Medical Students, Allied Mental Health Providers, and all other Healthcare providers. Grand Rounds course content is at Intermediate level.

**\*APPROVED PSYCHOLOGIST CEs\***

**\*APPROVED LMHC CEs\***

DATE: Thursday, March 5<sup>th</sup>, 2026

**\*VIRTUAL ONLY\***

TIME: 12:30- 2:00 PM

**TITLE:** *Bridging Disciplines: A Comprehensive Approach to Huntington's Disease*

**SPEAKER:** Shakaib Khan, MD, Assistant Professor, UConn Health Center

**DESCRIPTION:** Huntington's Disease is an autosomal dominant neurodegenerative condition without a disease modifying medication or cure. Multiple domains are affected including motor, psychiatric, and cognitive. A multidisciplinary approach is paramount in decreasing morbidity and maintaining function.

**LEARNING OBJECTIVES:** Following this activity, the participants should be able to:

1. Recognize the clinical signs and symptoms associated with Huntington's Disease.
2. Describe current evidence-based treatment options and therapeutic approaches for the management of Huntington's Disease.
3. Identify the importance of a multidisciplinary team and learn strategies on implementing the model in their own practice.

**Faculty disclosure:** Dr. Khan has no relevant financial relationships with ineligible companies.

**Link to join Zoom session:** <https://upstate.zoom.us/j/824931563>

**Link for CME & CE credits Registration:** (opens 10am day of Grand Rounds through following Monday) <https://www.upstate.edu/cme/online-register.php>

**PSYCHOPHARMACOLOGY GRAND ROUNDS**

**\*VIRTUAL ONLY\***

**\*APPROVED PSYCHOLOGIST CEs\***

**\*APPROVED LMHC CEs\***

DATE: **Wednesday, March 11<sup>th</sup>, 2026**

TIME: **12:00pm-1:00pm**

**TITLE:** *An Evidence-Based Medicine Approach to Long-Acting Injectable Antipsychotics*

**SPEAKER:** Leslie Citrome, MD, Clinical Professor, New York Medical College, and Adjunct Professor, Northwestern Feinberg School of Medicine

**DESCRIPTION:** Psychopharmacology Rounds is an educational series open to faculty and trainees who wish to get together in an open, in-person seminar format to discuss treatment guidelines with a hint of neurobiology and psychopharmacology approaches to a variety of psychiatric disorders. The hope is that by organizing and leading a discussion, we as a group can ensure we are up to date and ideally on the cutting edge of medication management approaches regarding DSM disorders.

**LEARNING OBJECTIVES:** Following this activity, the participants should be able to:

1. Diagnose psychiatric disorder and describe theoretical causes of psychiatric symptoms.
2. Follow treatment guidelines and be aware of newer treatments available.
3. Review some hypothetical cases.

**Faculty disclosure:** Dr. Citrome serves as a consultant to AbbVie/Allergan, Acadia, Adamas, Alkermes, Angelini, Astellas, Avanir, Axsome, Biogen, BioXcel, Bristol-Myers Squibb, Boehringer Ingelheim, Cadent Therapeutics, Cerevel, Clinilabs, COMPASS, Delpor, Eisai, Enteris BioPharma, HLS Therapeutics, Idorsia, INmune Bio, Impel, Intra-Cellular Therapies, Janssen, Karuna, Lundbeck, Luye, Lyndra, MapLight, Marvin, Medavante-ProPhase, Merck, Mitsubishi-Tanabe Pharma, Neumora, Neurocrine, Neurelis, Noema, Novartis, Noven, Otsuka, Ovid, Praxis, Recordati, Relmada, Reviva, Sage, Sumitomo/Sunovion, Supernus, Teva, University of Arizona, Vanda, Wells Fargo, and one-off ad hoc consulting for individuals/entities conducting marketing, commercial, or scientific scoping research; speaker for AbbVie/Allergan, Acadia, Alkermes, Angelini, Axsome, BioXcel, Bristol-Myers Squibb, Eisai, Idorsia, Intra-Cellular Therapies, Janssen, Lundbeck, Neurocrine, Noven, Otsuka, Recordati, Sage, Sunovion, Takeda, Teva, Vanda, and CME activities organized by medical education companies such as Medscape, NACCME, NEI, Vindico, and Universities and Professional Organizations/Societies; owns stocks (small number of shares of common stock) in Bristol-Myers Squibb, Eli Lilly, J & J, Merck, Pfizer purchased > 10 years ago, and stock options in Reviva; and earns royalties/publishing income from Taylor & Francis (Editor-in-Chief, Current Medical Research and Opinion, 2022-date), Wiley (Editor-in-Chief, International Journal of Clinical Practice, through end 2019), UpToDate (reviewer), Springer Healthcare (book), Elsevier (Topic Editor, Psychiatry, Clinical Therapeutics).

**Mitigation Statement:** All financial relationships have been mitigated.

**Link to join Zoom session:** <https://upstate.zoom.us/j/99002094312>

**Link for CME & CE credits Registration:** (opens 10am day of Grand Rounds through following Monday) <https://www.upstate.edu/cme/online-register.php>

**\*FREE CME CREDITS OFFERED\***

**Credit Designation**

SUNY Upstate Medical University designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DATE: Thursday, March 12<sup>th</sup>, 2026

NO GRAND ROUNDS – Department Faculty Meeting (open only to faculty members)

**\*APPROVED PSYCHOLOGIST CEs\***

**\*APPROVED LMHC CEs\***

DATE: Thursday, March 19<sup>th</sup>, 2026

**\* VIRTUAL ONLY \***

TIME: 12:30- 2:00 PM

**TITLE: *When Ungrieved Sorrow Pervades Personality: Working with Depressive and Self-Defeating Patterns***

**SPEAKER: Nancy McWilliams, PhD, ABPP**, Psychoanalyst, Visiting Professor Emerita, Rutgers Graduate School of Applied & Professional Psychology

**DESCRIPTION:** Situational stresses interact with personality patterns, presenting clinicians with complicated combinations of grief, mourning, and depressive and self-defeating (also called masochistic) dynamics. Because neither “Depressive Personality Disorder” nor “Self-Defeating Personality Disorder” is included in the DSM or ICD, official taxonomies offer little help to therapists in distinguishing between various painful self-states and framing psychotherapy accordingly. Dr. McWilliams will differentiate conceptually between depression and mourning, between anaclitic and introjective depression, and between depressive and self-defeating personality patterns, emphasizing the therapeutic implications of such distinctions.

**LEARNING OBJECTIVES:** Following this activity, the participants should be able to:

1. Differentiate normal sadness and grief from clinical depression
2. Distinguish between depressive and self-defeating personality styles and disorders.
3. Articulate two clinical implications of these distinction.

**Faculty disclosure:** Dr. McWilliams has no relevant financial relationships with ineligible companies.

**Link to join Zoom session:** <https://upstate.zoom.us/j/824931563>

**Link for CME & CE credits Registration:** (opens 10am day of Grand Rounds through following Monday) <https://www.upstate.edu/cme/online-register.php>

DATE: Thursday, March 26<sup>th</sup>, 2026

**\*HYBRID-IN PERSON @713 Harrison St. (TU3 2<sup>nd</sup> Floor)\***

TIME: 12:30- 2:00 PM

**TITLE: *Update on Treatment Resistant Depression***

**SPEAKER: Thomas Schwartz, MD**, Distinguished Teaching Professor, SUNY Upstate Medical University

**DESCRIPTION:** This lecture will review the definitions and staging of treatment resistant and difficult to treat depression, followed by a discussion of its etiology. Finally, the talk will cover a wide variety of pharmacologic treatment strategies and options to help patients who suffer from this type of major depressive disorder.

**LEARNING OBJECTIVES:** Following this activity, the participants should be able to:

1. Define treatment resistant depression.
2. Explain potential causes of this condition.
3. List and implement treatments for this condition.

**Faculty disclosure:** Dr. Schwartz is an advisor for Johnson and Johnson.

**Mitigation Statement:** All financial relationships have been mitigated.

**Link to join Zoom session:** <https://upstate.zoom.us/j/824931563>

**Link for CME & CE credits Registration:** (opens 10am day of Grand Rounds through following Monday) <https://www.upstate.edu/cme/online-register.php>

Please email Pamela Le to be added to our email distribution list: [lep@upstate.edu](mailto:lep@upstate.edu)

**\*\*SCHEDULES can also be found online:** <https://www.upstate.edu/psych/education/grandrounds-calendar.php>

**Grand Rounds Videos can also be found online:** <https://upstate.video.yuja.com/V/PlayList?node=58154010&a=775776232>

**Grand Rounds Committee Members:** Melissa Button LMHC-D, NCC, Theresa Flynn, MD, Carmen Nichita, MD, Nevena Radonjic, MD, PhD, Abigail Riggall, LCSW-R, Thomas Schwartz, MD, and Susan Sperry, PhD.

**Planner Disclosures**

None of the planners have financial relationships with ineligible companies with the exception of Thomas Schwartz who is a consultant for J&J.

**Accreditation**

SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Credit Designation**

SUNY Upstate Medical University designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Commercial Support**

No commercial support was received for any of the above sessions.

**Mitigation**

All relevant financial relationships with ineligible companies have been mitigated.

**Commercial Support**

No commercial support was received for any of the above sessions

**Continuing Education**

SUNY Upstate Medical University, Department of Psychiatry is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists PSY 0285

Psychiatry Faculty Practice Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0336.

Instructions to join Grand Rounds via Zoom:

**SUNY Upstate Medical Psychiatry Grand Rounds**

**is inviting you to a scheduled Zoom meeting:**

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to start or **join**. <https://upstate.zoom.us/j/824931563>

**Or,**

Go to <https://upstate.zoom.us/join> and enter meeting ID: **824 931 563**

Join from dial-in phone line:

Dial: [+1 646 558 8656](tel:+16465588656) or [+1 408 638 0968](tel:+14086380968)

Meeting ID: 824 931 563

Participant ID: Shown after joining the meeting

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Participants: This meeting automatically begins recording as soon as anyone joins it, so **please mute your microphone**.

