

TARGET AUDIENCE: Physicians, Psychologists, Psychiatric Nurse Specialists, Nurses, Social Workers, Residents & Fellows, Medical Students, Allied Mental Health Providers, and all other Healthcare providers. Grand Rounds course content is at Intermediate level.

DATE: Thursday, September 3rd, 2026

NO GRAND ROUNDS- Internal Faculty Development Day (Open only to faculty members)

APPROVED PSYCHOLOGY CEs

APPROVED SOCIAL WORK CEs

APPROVED LMHC CEs

PSYCHOPHARMACOLOGY GRAND ROUNDS

VIRTUAL ONLY

DATE: September 9th, 2026

TIME: 12:00PM-1:00PM

CONTACT HOUR EARNED: 1.0

TITLE: *Adult ADHD: An Update*

SPEAKER: **David Goodman, MD**, Assistant Professor, Department of Psychiatry and Behavioral Sciences, Johns Hopkins School of Medicine

DESCRIPTION: Psychopharmacology Rounds is an educational series open to faculty and trainees who wish to get together in an open, in-person seminar format to discuss treatment guidelines with a hint of neurobiology and psychopharmacology approaches to a variety of psychiatric disorders. The hope is that by organizing and leading a discussion, we as a group can ensure we are up to date and ideally on the cutting edge of medication management approaches regarding DSM disorders.

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Better able to diagnose ADHD and its comorbidity.
2. Up to date pharmacological approaches to improve ADHD outcomes.

Faculty Disclosures: Dr. David Goodman does not have any financial relationships with ineligible companies.

Link to join Zoom session: <https://upstate.zoom.us/j/99002094312>

Link for CME & CE (Psychology, LMHC, Social Work) credit Registration: (opens 10am day of Grand Rounds through following Monday)
<https://www.upstate.edu/cme/online-register.php>

FREE CME CREDITS OFFERED

Credit Designation

SUNY Upstate Medical University designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

DATE: Thursday, September 10th, 2026

NO GRAND ROUNDS- Department Faculty Meeting (Open only to faculty members)

APPROVED PSYCHOLOGY CEs

APPROVED SOCIAL WORK CEs

APPROVED LMHC CEs

DATE: Thursday, September 17th, 2026

***VIRTUAL ONLY ***

TIME: 12:30PM- 2:00 PM

CONTACT HOUR EARNED: 1.5

TITLE: *Medical Aid in Dying — Autonomy, Capacity, and the Psychiatrist's Role*

SPEAKER: **Serife Tekin, PhD**, Associate Professor, Center for Bioethics and Humanities, SUNY Upstate Medical University

DESCRIPTION: New York's Medical Aid in Dying (MAID) Act, effective August 5, 2026, includes a provision with no precedent in any other state MAID law: a mandatory mental health evaluation for every patient requesting MAID, conducted by a psychologist, neurologist, or psychiatrist. At its core, MAID asks medicine to hold two of its foundational values in tension: respect for patient autonomy, and the obligation to protect vulnerable people from harm.

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Summarize the key provisions of New York's Medical Aid in Dying Act (PHL Article 28-F), including its August 5, 2026 effective date and its status as the first state MAID law to mandate a mental health evaluation for all patients requesting assistance.
2. Examine why psychiatry has been given a formal role in MAID safeguards in New York.
3. Discuss the arguments for and against MAID, with attention to how each side weighs autonomy, suffering, dignity, and risk of harm.

Faculty disclosure: Dr. Tekin does not have any financial relationships with any ineligible companies.

Link to join Zoom session: <https://upstate.zoom.us/j/824931563>

Link for CME & CE (Psychology, LMHC, Social Work) credit Registration: (opens 10am day of Grand Rounds through following Monday)
<https://www.upstate.edu/cme/online-register.php>

JOURNAL CLUB

*** HYBRID – IN PERSON @ 713 Harrison St. (TU3 2nd Floor) ***

DATE: Thursday, September 24th, 2026

TIME: 12:30PM- 2:00 PM

TITLE: *Framework for Brain-Derived Dimensions of Psychopathology*

SPEAKERS: Ward Alsarafandi, MD and Maliha Ansari, MBBS, PGY III Residents, SUNY Upstate Medical University

ATTENDING: Zsuzsa Szombathyne Meszaros, MD, PhD, Professor of Psychiatry, SUNY Upstate Medical University

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Recognize how psychiatric symptoms can be regrouped into six dimensions defined by shared brain signatures instead of traditional DSM/ICD categories.
2. Learn how combining multimodal neuroimaging with standard clinical questionnaires (via canonical correlation analysis) can link symptoms to specific brain mechanisms across different disorders.
3. Appreciate why this is a proof-of-concept for precision psychiatry, and why modest effect sizes and a narrow study population mean it is not yet ready for bedside use.

Faculty disclosure: Drs. Alsarafandi, Ansari, and Meszaros do not have any financial relationships with ineligible companies.

Link to join Zoom session: <https://upstate.zoom.us/j/824931563>

Link for CME credits Registration: (opens 10am day of Grand Rounds through following Monday)

<https://www.upstate.edu/cme/online-register.php>

Please email Pamela Le to be added to our email distribution list: lep@upstate.edu

****SCHEDULES can also be found online:** <https://www.upstate.edu/psych/education/grandrounds-calendar.php>

Grand Rounds Videos can also be found online: <https://upstate.video.yuja.com/V/Playlist?node=58154010&a=775776232>

Grand Rounds Committee Members: Melissa Button, LMHC-D, NCC, David Kang, MD, Carmen Nichita, MD, Nevena Radonjic, MD, PhD, Abigail Riggall, LCSW-R, Thomas Schwartz, MD, and Susan Sperry, PhD.

Planner Disclosures

None of the planners have financial relationships with ineligible companies with the exception of Thomas Schwartz who is a consultant for J&J.

Accreditation

SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

SUNY Upstate Medical University designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mitigation

All relevant financial relationships with ineligible companies have been mitigated.

Commercial Support

No commercial support was received for any of the above sessions.

Continuing Education

SUNY Upstate Medical University, Department of Psychiatry is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists PSY 0285.

Psychiatry Faculty Practice Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0336

Psychiatry Faculty Practice Inc. Is recognize by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for social workers #SW-0893.

Instructions to join Grand Rounds via Zoom:

SUNY Upstate Medical Psychiatry Grand Rounds

is inviting you to a scheduled Zoom meeting:

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to start or join. <https://upstate.zoom.us/j/824931563>

Or,

Go to <https://upstate.zoom.us/join> and enter meeting ID: **824 931 563**

Join from dial-in phone line:

Dial: **+1 646 558 8656** or **+1 408 638 0968**

Meeting ID: 824 931 563

Participant ID: Shown after joining the meeting

Participants: This meeting automatically begins recording as soon as anyone joins it, so **please mute your microphone.**

