

TARGET AUDIENCE: Physicians, Psychologists, Psychiatric Nurse Specialists, Nurses, Social Workers, Residents & Fellows, Medical Students, Allied Mental Health Providers, and all other Healthcare providers. Grand Rounds course content is at Intermediate level.

APPROVED FOR PSYCHOLOGY CEs

APPROVED FOR SOCIAL WORK CEs

APPROVED FOR LMHC CEs

DATE: Thursday, October 1st, 2026

TIME: 12:30- 2:00 PM

CONTACT HOUR EARNED: 1.5

VIRTUAL ONLY

TITLE: *Risk v. Threat Assessment for Mental Health Professionals*

SPEAKER: **Kostas A. Katsavdakakis, PhD, ABPP**, Licensed Psychologist and Diplomate in Forensic Psychiatry, American Board of Professional Psychology

DESCRIPTION: This overview will present an overview of risk versus threat assessment for mental health professionals. We will review the threat assessment process and how mental health professionals can assist in this process.

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Discuss risk v. threat assessment process.
2. Review of threat assessment process.
3. Identify relevant risk assessments instruments.

Faculty disclosure: Dr. Katsavdakakis does not have financial relationships with any ineligible companies.

Link to join Zoom session: <https://upstate.zoom.us/j/824931563>

Link for CME & CE (Psychology, LMHC, and Social Work credit) Registration: (opens 10am day of Grand Rounds through following Monday)

<https://www.upstate.edu/cme/online-register.php>

DATE: Friday, October 2nd, 2026

NO PSYCHOPHARMACOLOGY ROUNDS- 31st Annual Psychopharmacology Conference

APPROVED FOR PSYCHOLOGY CEs

APPROVED FOR SOCIAL WORK CEs

APPROVED FOR LMHC CEs

DATE: Thursday, October 15th, 2026

TIME: 12:30- 2:00 PM

CONTACT HOUR EARNED: 1.5

*** HYBRID – IN PERSON @ 713 Harrison St. (TU3 2nd Floor) ***

TITLE: *The Mask and the Mirror: Untangling Autism and Personality Disorders in Adults*

SPEAKER: **Katherine Warden, PhD, MSCP**, Licensed Psychologist, Mohawk Valley Health System

DESCRIPTION: Adult autism and character pathology can share similar clinical features, creating a challenge for diagnostic clarification. As we receive more and more requests for adult ADHD and Autism evaluations, psychiatry needs to be prepared with a clear path of exploration. This presentation will explore how developmental history, social communication patterns, emotional regulation, interpersonal functioning, masking, and underlying motivations can help clinicians distinguish between these presentations. Through a practical clinical framework, we will explore assessment strategies, common diagnostic pitfalls and treatment approaches that move beyond diagnostic labels and towards an understanding of the individual patient.

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Identify overlapping and distinguishing clinical features of ASD and personality disorders in adults with particular attention to social communication, interpersonal functioning, emotional regulation, and behavioral patterns.
2. Apply a developmentally informed diagnostic approach to differentiate autism from personality pathology, incorporating developmental history, masking/camouflaging, clinical presentation, and appropriate assessment tools.
3. Create a strategy to discuss diagnostic clarification with your patient including setting limits and boundaries when a patient may be insistent on a specific diagnosis.

Faculty disclosure: Dr. Warden does not have financial relationship with any ineligible companies.

Link to join Zoom session: <https://upstate.zoom.us/j/824931563>

Link for CME & CE (Psychology, LMHC, and Social work) credit Registration: (opens 10am day of Grand Rounds through following Monday)

<https://www.upstate.edu/cme/online-register.php>

JOURNAL CLUB

DATE: Thursday, October 22nd, 2026

TIME: 12:30- 2:00 PM

TITLE: *Centanafadine for Attention-Deficit/Hyperactivity Disorder in Adolescents: A Randomized Clinical Trial*

SPEAKERS: **Krishna Chirumamilla, MBBS** and **John Cote, MD**, PGY III Residents, SUNY Upstate Medical University

ATTENDING: **Cecilia Zemanek, MD**, Assistant Professor, SUNY Upstate Medical University

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

*** HYBRID – IN PERSON @ 713 Harrison St. (TU3 2nd Floor) ***

1. Evaluate efficacy of Centanafadine for ADHD symptoms in adolescent patients.

2. Describe the safety and tolerability profile of Centanafadine.

3. Assess the clinical relevance of Centanafadine as a non-stimulant treatment option.

Faculty disclosure: Drs. Chirumamilla, Cote, and Zemanek do not have financial relationships with any ineligible companies.

Link to join Zoom session: <https://upstate.zoom.us/j/824931563>

Link for CME credit Registration: (opens 10am day of Grand Rounds through following Monday) <https://www.upstate.edu/cme/online-register.php>

APPROVED FOR PSYCHOLOGY CEs

APPROVED FOR SOCIAL WORK CEs

APPROVED FOR LMHC CEs

DATE: Thursday, October 29th, 2026

VIRTUAL ONLY

TIME: 12:30- 2:00 PM

CONTACT HOUR EARNED: 1.5

TITLE: *AI and Mental Health: Current Research and Clinical Considerations*

SPEAKER: **John Torous, MD, MBI**, Director of Digital Psychiatry, staff psychiatrist at Beth Israel Deaconess Medical Center, and Associate Professor of Psychiatry at Harvard Medical School

DESCRIPTION: Large language models are rapidly transforming the landscape of digital mental health, yet their clinical readiness remains uncertain. This talk reviews the rapid evolution of mental health chatbots, the emerging evidence for LLMs efficacy/safety, and the recent regulatory trends. The talk offers an outline of different use cases for AI in mental health with a focus beyond just therapy, including digital literacy, digital phenotyping, benchmarking, and governance frameworks, to safely navigate the promise and pitfalls of AI.

LEARNING OBJECTIVES: Following this activity, the participants should be able to:

1. Describe the current evidence on how artificial intelligence, especially large language models, is being used in mental health care, including what is feasible today and what remains uncertain.
2. Differentiate lower-risk and higher-risk applications of AI in mental health (e.g., note-taking vs. therapy-like functions) and explain why some uses are easier to automate than others.
3. Identify key limitations, safety concerns, and regulatory challenges associated with AI in mental health, and explain why measurement, evaluation, and digital literacy are critical for responsible implementation.

Faculty disclosure: Dr. Torous is a clinical study adviser with Boeringer Ingelheim.

Mitigation Statement: All relevant financial relationships with ineligible companies have been mitigated.

Link to join Zoom session: <https://upstate.zoom.us/j/824931563>

Link for CME & CE credit (Psychology, LMHC, and Social Work) Registration: (opens 10am day of Grand Rounds through following Monday) <https://www.upstate.edu/cme/online-register.php>

Please email Pamela Le to be added to our email distribution list: lep@upstate.edu

****SCHEDULES can also be found online:** <https://www.upstate.edu/psych/education/grandrounds-calendar.php>

Grand Rounds Videos can also be found online: <https://upstate.video.yuja.com/V/Playlist?node=58154010&a=775776232>

Grand Rounds Committee Members: Melissa Button, LMHC-D, NCC, David Kang, MD, Carmen Nichita, MD, Nevena Radonjic, MD, PhD, Abigail Riggall, LCSW-R, Thomas Schwartz, MD, and Susan Sperry, PhD.

Planner Disclosures

None of the planners have financial relationships with ineligible companies with the exception of Thomas Schwartz who is a consultant for J&J.

Accreditation

SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

SUNY Upstate Medical University designates this live activity for a maximum of *1.5 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mitigation

All relevant financial relationships with ineligible companies have been mitigated.

Commercial Support: No commercial support was received for any of the above sessions

Continuing Education: SUNY Upstate Medical University, Department of Psychiatry is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists PSY 0285.

Psychiatry Faculty Practice Inc. is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors, #MHC-0336.

Psychiatry Faculty Practice Inc. Is recognize by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for social workers #SW-0893.

Instructions to join Grand Rounds via Zoom:

SUNY Upstate Medical Psychiatry Grand Rounds

is inviting you to a scheduled Zoom meeting:

Join from a PC, Mac, iPad, iPhone or Android device:

Please click this URL to start or join. <https://upstate.zoom.us/j/824931563>

Or,

Go to <https://upstate.zoom.us/join> and enter meeting ID: **824 931 563**

Join from dial-in phone line:

Dial: **+1 646 558 8656** or **+1 408 638 0968**

Meeting ID: 824 931 563

Participant ID: Shown after joining the meeting

Participants: This meeting automatically begins recording as soon as anyone joins it, so **please mute your microphone.**

