

PSYCHIATRY GRAND ROUNDS

“AI and Mental Health: Current Research and Clinical Considerations”

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Medical School

10/29/26

12:30-2:00PM

Zoom

Target Audience: Physicians, Psychologists, Psychiatric Nurse Specialists, Nurses, Social Workers, Residents & Fellows, Medical Students, Allied Mental Health Providers, and all other Healthcare providers.

LEARNING OBJECTIVES: Following this activity, participants should be able to:

1. Describe the current evidence on how artificial intelligence, especially large language models, is being used in mental health care, including what is feasible today and what remains uncertain.
2. Differentiate lower-risk and higher-risk applications of AI in mental health (e.g., note-taking vs. therapylike functions) and explain why some uses are easier to automate than others.
3. Identify key limitations, safety concerns, and regulatory challenges associated with AI in mental health, and explain why measurement, evaluation, and digital literacy are critical for responsible implementation.

Faculty disclosure: Dr. Torous is a clinical study adviser with Boeringer Ingelheim.

Planner Disclosure: None of the planners have financial relationships with ineligible companies with the exception of Thomas Schwartz who is a consultant for J&J.

Accreditation: SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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