



State University of New York Upstate Medical University

The 31st Annual Central New York Psychopharmacology Conference

Onsite Only

Collegian Hotel, Syracuse NY

Friday October 2nd, 2026, 8:30 a.m. – 4:30 p.m.

Sponsored by: SUNY Upstate Medical University Department of Psychiatry, Office of Continuing Medical Education

Drug Company Displays: Abbvie, Atyu Bio, Alkermes, Axsome, Biogen, Bristol Myers Squibb, Braeburn, Collegium Pharmaceuticals, Johnson & Johnson, Lundbeck LLC, Supernus Pharmaceuticals, Teva

Target Audience: Physicians, physician assistants, psychiatrists, psychologists, psychiatric nurse specialists, social workers, MFTs, counselors, and allied mental health professionals

Course Content Level: Intermediate

Description: The CNY Psychopharmacology Update will update area mental health clinicians regarding both the standard of care and cutting-edge concepts regarding prescribing medications to those patients suffering from psychiatric disorders.

Objectives:

Following this activity learners will be able to:

- Explain newly FDA approved treatments in Psychiatry
- Describe and create a differential diagnosis based on the DSM5
- Describe typical treatment protocols for a variety of psychiatric disorders

Registration Online: <https://meetinghand.com/e/the-31st-annual-central-new-york-psychopharmacology-update/>

Cost: Complimentary for all attendees.

For questions or concerns: Contact Pamela Le at lep@upstate.edu or (315) 464-7185

ACCREDITATION: SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

SUNY Upstate Medical University designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credits™* for on-site participation. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Disclosure Statement: All speakers do not have financial relationships with ineligible companies besides Dr. Andrew Cutler Consultant, Advisory Board: AbbVie, Acadia, Alfasigma, Alkermes, Anavex Life Sciences, Axsome, Biogen, Biohaven, BioXcel, Boehringer Ingelheim, Bria Biosciences, Bristol Myers Squibb, Cerevel, Chase Therapeutics, Cognitive Research, Corium, Delpor, Evolution Research Group, 4M Therapeutics, Intra-Cellular Therapies, Ironshore Pharmaceuticals, Janssen/J&J, Jazz Pharma, Karuna, LivoNova, Lundbeck, Luye Pharma, Maplight Therapeutics, MedAvante-ProPhase, Mentavi, Neumora, Neurocrine, Neuroscience Education Institute, NeuroSigma, Noven, Otsuka, PaxMedica, PureTech Health, Relmada, Reviva, Sage Therapeutics, Sumitomo Pharma America, Sunovion, Supernus, Teva, Thynk, Tris Pharma, Vanda Pharmaceuticals, VistaGen, and VivoSense. Speaker Bureau: AbbVie, Acadia, Alfasigma, Alkermes, Axsome, BioXcel, Corium, Intra-Cellular Therapies, Ironshore Pharmaceuticals, Janssen/J&J, Lundbeck, Neurocrine, Noven, Otsuka, Sunovion, Supernus, Teva, Tris Pharma, and Vanda Pharmaceuticals. Stock options: 4M Therapeutics and Relmada. Data Safety Monitoring Board: Alar Pharma, COMPASS Pathways, Freedom Biosciences, and Pain Therapeutics. All have been mitigated.

The 31st Annual CNY Psychopharmacology Update Agenda:

Friday October 2nd, 2026

8:30 – 9:30am	Check In/Registration/Agenda
9:00-10:00am	<u>Understanding Pharmacokinetics and Dynamics While Switching Psychotropics</u> Thomas Schwartz, MD, Professor & Chair Department of Psychiatry, Norton College of Medicine at Upstate Medical University
10:00 – 10:20am	<u>Treatment Resistant Panic Disorder Update</u> Cecilia Zemanek, MD, Assistant Professor, SUNY Upstate Medical University
10:20 – 10:40am	<u>Treatment Resistant PTSD Update</u> Thomas Ringwood, NP, Assistant Professor, SUNY Upstate Medical University
10:40-11:00am	Networking Break
11:00– 12:00pm	<u>Treatment Resistant Anxiety or Difficult to Treat Anxiety: Symptom, Syndrome, or Disorder</u> Andrew Cutler, MD, Associate Professor, SUNY Upstate Medical University
12:00-1:00pm	LUNCH
1:00– 1:20pm	<u>Treatment Resistant Mania</u> Carmen Nichitia, MD, Associate Professor, SUNY Upstate Medical University
1:20-1:40pm	<u>Treatment Resistant Schizophrenia</u> Sunny Aslam, MD, Associate Professor, SUNY Upstate Medical University
1:40-2:00pm	<u>Treatment Resistant ADHD</u> Nevena Radonjic, MD, PhD, Associate Professor, SUNY Upstate Medical University
2:00 – 2:20 pm	Networking Break
2:20 -3:50pm	<u>Depression, Anxiety: Trauma, ADHD, Cannabis and Personality Comorbidity Management</u> Panel Discussion with all Faculty
3:50 – 4:00 p.m.	Final Conference Q&A, Closing Comments Thomas Schwartz, MD, Professor & Chair Department of Psychiatry, Norton College of Medicine at Upstate Medical University