



The 31st Annual Central New York
Psychopharmacology Conference

Collegian Hotel, Syracuse NY

Friday, October 2nd, 2026 • 8:30am – 4:30pm

SPONSORED BY:

Department of Psychiatry • SUNY Upstate Medical University
Office of Continuing Medical Education

UPSTATE
MEDICAL UNIVERSITY

SUNY UPSTATE MEDICAL UNIVERSITY, DEPARTMENT OF PSYCHIATRY
719 HARRISON STREET, SYRACUSE, NY 13210

COURSE DESCRIPTION

The CNY Psychopharmacology Update will update area mental health clinicians regarding both the standard of care and cutting-edge concepts regarding prescribing medications to those patients suffering from psychiatric disorders.

COURSE OBJECTIVES

Following this activity learners will be able to:

- Explain newly FDA approved treatments in Psychiatry
- Describe and create a differential diagnosis based on the DSM5
- Describe typical treatment protocols for a variety of psychiatric disorders

INTENDED AUDIENCE

Physicians, physician assistants, psychiatrists, psychologists, psychiatric nurse specialists, social workers, MFTs, counselors, and allied mental health professionals.

COURSE CONTENT LEVEL

Intermediate

ACCREDITATION

SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

SUNY Upstate Medical University designates this live activity for a maximum of 5.5 AMA PRA Category 1 Credits™ for on-site participation and up to 5.0 continuing education contact hours for psychologists, Licensed Mental Health Counselors (LMHCs), and social workers. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ONLINE REGISTRATION

To register please visit: <https://meetinghand.com/e/the-31st-annual-central-new-york-psychopharmacology-update/>

Cost: Complimentary for all attendees.

Questions or concerns: Contact Pamela Le at lep@upstate.edu or (315) 464-7185

AGENDA

Check In/Registration/Agenda

Understanding Pharmacokinetics and Dynamics While Switching Psychotropics

Thomas Schwartz, MD, Professor & Chair
Department of Psychiatry,
Norton College of Medicine at Upstate Medical University

Treatment Resistant Panic Disorder Update

Cecilia Zemanek, MD, Assistant Professor
SUNY Upstate Medical University

Treatment Resistant PTSD Update

Thomas Ringwood, NP, Assistant Professor
SUNY Upstate Medical University

Networking Break

Treatment Resistant Anxiety or Difficult to Treat Anxiety: Symptom, Syndrome, or Disorder

Andrew Cutler, MD, Associate Professor
SUNY Upstate Medical University

Lunch

Treatment Resistant Mania

Carmen Nichitia, MD, Associate Professor
SUNY Upstate Medical University

Treatment Resistant Schizophrenia

Sunny Aslam, MD, Associate Professor
SUNY Upstate Medical University

Treatment Resistant ADHD

Nevena Radonjic, MD, PhD, Associate Professor
SUNY Upstate Medical University

Networking Break

Depression, Anxiety: Trauma, ADHD, Cannabis and Personality Comorbidity Management

Panel Discussion with all Faculty

Final Conference Q&A, Closing Comments

Thomas Schwartz, MD, Professor & Chair
Department of Psychiatry, Norton College of Medicine at Upstate Medical University

8:30 - 9:30am

9:00 - 10:00am

10:00 - 10:20am

10:20 - 10:40am

10:40 - 11:00am

11:00 - 12:00pm

12:00 - 1:00pm

1:00 - 1:20pm

1:20 - 1:40pm

1:40 - 2:00pm

2:00 - 2:20pm

2:20 - 3:50pm

3:50 - 4:00pm

Financial Disclosure:None of the planners or speakers have relevant financial relationships with ineligible companies with the exception of the following:

Andrew Cutler is a **Consultant/Advisor:** AbbVie, Acadia, Alfasigma, Alkermes, Axsome, Biogen,BioXcel, Boehringer Ingelheim, Bria Biosciences, Cerevel, Corium, Delpor, Evolution Research, Idorsia, Intra-Cellular, Ironshore, Janssen, Jazz, Karuna, Lundbeck, LivaNova, Luye, MapLight Therapeutics, Neumora, Neurocrine, NeuroSigma, Noven, Otsuka, Relmada, Reviva, Sage Therapeutics, Sumitomo (Sunovion), Supernus, Takeda, Teva, Tris Pharma, VistaGen Therapeutics AND on the **Speakers Bureau** for AbbVie, Acadia, Alfasigma, Alkermes, Axsome, BioXcel, Corium, Idorsia, Intra-Cellular, Ironshore, Janssen, Lundbeck, Neurocrine, Noven, Otsuka, Sumitomot (Sunovion), Supernus, Takeda, Teva, Tris Pharma, Vanda AND is on the **Data Safety Monitoring Board (DSMB):** COMPASS Pathways, Freedom Biosciences.

Dr. Nevena Radonjic receives royalties from Rutledge.

Mitigation: All relevant financial relationships have been mitigated.

Exhibitors: Abbvie, Atyu Bio, Alkermes, Axsome, Biogen, Bristol Myers Squibb, Collegium Pharmaceuticals, Johnson & Johnson, Lundbeck LLC, Teva.