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**SUNY Upstate Project ECHO® (Extension for Community Healthcare Outcomes)**

**SUNY Upstate Emergency Medicine TeleECHO**

**REACH – Psychotherapeutic Approach in Treating Patients with Substance Use Disorders**

**SUNY Upstate**

**Syracuse, NY**

**Wednesday, October 8, 2025**

**12-1 PM**

**TARGET AUDIENCE:**Physicians, Physicians Assistants, Nurse Practitioners, Registered Nurses, Community Health Care Workers, Pre-Hospital Healthcare workers, Pharmacists, Emergency Care Providers

**PRESENTER:**   
Thomas Ringwood, NP

**OBJECTIVES:**   
Participants will be able to:

* Become familiar with the following terms – defenses, transference, countertransference.
* Gain an understanding of how attention to these concepts impact interactional dynamics between providers and the addicted patient.
* Learn how to adopt a non-judgmental approach and how to stay out of the patient’s inner conflict regarding their substance use.
* Understand use of clarification and confrontation to facilitate conversations around substance use.
* Become familiar with ways to support patients with substance use disorders regardless of their readiness and willingness to address their substance use.

**ACCREDITATION:** SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing education for physicians.

**CREDIT DESIGNATION**: SUNY Upstate Medical University designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**PLANNER DISCLOSURES**: None of the planners have relevant financial relationships with ineligible companies.

**SPEAKER DISCLOSURE**: T. Ringwood does not have relevant financial relationships with ineligible companies.

**COMMERCIAL SUPPORT:** No commercial is received for this CME program.