

## June 18<sup>th</sup>, 2021 Meeting Minutes

Topic	Discussion
Call to order	Dr. Gene Latorre- Meeting called to order 10:01
Chairman Update	Gene Latorre updated the group on the recent AHA Secondary stroke prevention guidelines (updated guidelines can be found attached to the message). In short, the new guidelines have been broken into 10 take-a-way pearls. Highlights include Recommendations grouped by etiologic subtype (stroke types behave differently, Prolonged heart rhythm monitoring if no other cause Management of vascular risk factors and CPAP if with sleep apnea. Please refer to the attached guidance document for additional details.
Old Business	Josh noted that the group has not met since last June and a lot has been by the group members despite being in a pandemic. The group was reminded that several of the sites participated in a Stroke Awareness PSA that was broadcast on multiple media outlets in the Fall of 2020. Thank you again to those who participated in this effort! The video can be found here:  https://youtu.be/DVPDJ8oJ7Vo  Josh also reminded that group that Upstate worked with the North Country REMAC as well as CNY REMAC on an enhanced FAST-ED stroke scale video. Through grant funding and approval from the AHA, this sub-group created an enhanced FAST-ED video that was shared with providers through the regions. A post-test was also created. As written into the grant, agencies who offer the video and reported at least 50% of their crew passing the exam would be awarded a financial stipend of completion. At the time of this meeting, around 30% of the regional agencies have completed the training. The video can be found here: https://youtu.be/alnsB5yyp-0  Josh updated the group that in addition to CNY and North Country supporting the use of the FAST-ED stroke severity scale, Rochester reported that they will be adapting and creating their training video for their regional EMS group. Albany area also reported utilizing this scale.
New Business	Josh reported that the American Heart/American Stroke Association recently released new nursing guidance documents for the care of a stroke patient. Updates had not come out since 2009 and these updates were discussed and previewed at the February 2021 International Stroke Conference (virtual).  FAST-ED AHA grant updated above.  Gene Latorre discussed the current stroke trials that were ongoing at Upstate. These trials include CHARM, MOST, SleepSMART, and the Andrexxa Trial. Gene went into detail on some trial

Attendees: G. Latorre, J. Onyan, C. Pharoah, D. Wirtz, J. Brenner, J. Moore, K. Loveland, L. Gasowski, S. Meneilly, M. Cox, M. Vallelunga, O.

Kaskov, R. Turrin, S. Simpson, M. Deavers, R. Zhovklaya

Excused: M. Gray, S. Suprenant

Round Table	Katie Loveland from Lourdes Hospital introduced herself. At Katie's request, Josh will share her contact information with the Central and Western Stroke Coordinators group.
New York States Updates/ Regional Reports	first Coverdell meeting was held last month with a new focus on looking at hospital discharge processes, in addition to EMS collaboration what continues to be a process improvement strategy.
	information. Jay Brenner asked about sharing Andexxa trial information with community hospitals, as they can have a chance to participate in these trials. Please contact Josh Onyan or Gene Latorre with specif questions or if your site may wish to speak with a representative about participating in this trial.  Josh and Oksana Kaskov (Crouse) discussed the current DNV annual stroke survey model. Josh reported that DNV will be providing virtual surveys for hospitals not recertifying or participating in their initial site survey. Other surveys will be in-person. Oksana reported that Crouse recently went through their in-person recertification survey. She noted that the surveyors looked focuses heavily on closed chart reviews, including stroke patients post-treatment specifically nursing care and monitoring. Josh also pointed out the new 2021 DNV Comprehensive Stroke Center guidance documents. Major changes will be brought to this group for awareness.  Josh and Gene discussed with the group the plans for Upstate to start using Teneceplease as the thrombolytic of choice for all ischemic stroke patients starting this Fall. As Teneceplese is a bolusonly medication (0.25mg/kg), it can more safely be administered than Alteplase, which requires a bolus, infusion, and specific flush to be administered.  The idea of holding an in-person meeting was discussed. The group decided that a hybrid model of in-person and virtual would be the best options moving forward. If Upstate is allowing an in-person meeting of this size by Fall, Josh will book a space in Syracuse for this meeting. More details will follow.  RSTAC bylaws need to be reviewed. Josh will send the current bylaws out with the minutes for group review. Any proposed changes can be discussed at the Fall RSTAC meeting.

<b>Educational Opportunities</b>	The Upstate Virtual RUSH conference series will continue with the online CE stroke offerings. Look at Upstate.edu/stroke for more details.
	DNV is offering a paid virtual educational series. The next session will be on July 9 <sup>th</sup> at 1400. Thrombolytics (Alteplase v Teneceplase) and nimodipine will be the topics of discussion. More information can be found on the DNV website.
Adjournment	Meeting adjourned at 10:49
Next Meeting:	Next meeting Friday, September 17th <sup>h</sup> , 2021. Meeting details to follow.