

March 15th, 2024 Meeting Minutes

Topic	Discussion
Call to order	Gene Latorre called the meeting to order at 10:06
Meeting Minutes Approval	Previous meeting minutes approved
Chairman Update	Gene Latorre presented updates from the recent International Stroke Conference which took place in February in Phoenix AZ. All details of his presentation can be found within the Chairman Update slides.
	Highlight 1: More data supporting thrombectomy even for patients with early large core infarct. Large core definition CTP: >70cc NCCT: ASPECT <6
	Highlight 2: Laying flat prior to thrombectomy = better outcome. Results of the Zodiac trial were released indicating that 0° head of bed positioning could be considered a first-line intervention for patients with LVO. This trial represents a first major pre-thrombectomy breakthrough.
	Other Notable clinical trial results: Maybe next time negative trials. MOST: adjunctive IV antiplatelets does not improve TPA/TNK benefits MARVEL: adjunctive steroids NOT helpful before EVT TIMELESS: TNK beyond 4.5 hours not beneficial prior to EVT
	Could be useful: Middle meningeal artery embolization for chronic SDH (EMBOLIZE, MAGIC-MT, SQUID) Minimally invasive surgery for ICH (ENRICH, DIST)

Attendees: J. Onyan, J. Moore, G. Latorre, M. Cox, M. Vallelunga, K. Black, B. Casscles, C. Pharoah, M. Jorolemon, J. Dennis, D. Sandbrook, H. Perry, O. Kaskov, J. Cole. R. Sykes, A. Slate, S. Surprenant, T. Davoy, J. Brenner, V. Ouimette, K. Krause, H. Sherrill, D. Padalino, S. Droppelmann, S. Ward, R. Turrin

Old Business	Bylaws: Josh emphasized that the RSTAC Bylaws had been finalized and approved, with a singular amendment allowing for the chair and/or secretary to be selected from either a comprehensive stroke center, a primary stroke center, or a thrombectomy-capable stroke center.
	Regional Pulsara Updates:
	Central New York: A regional initiative is underway to eliminate telemetry calls to hospitals for stroke, trauma, or STEMIs. Susie noted that alignment of Pulsara usage and planning among all hospitals is pending.
	Mid-State: The mid-state region announced the commencement of Pulsara application usage on August 1st, 2023. Presently, telemetry isn't utilized for hospital calls; Pulsara serves as the primary communication tool.
	North Country: River Hospital disclosed their impending adoption of Pulsara. Saint Lawrence Health System hospitals are presently active on Pulsara, receiving pre-hospital notifications from EMS. Canton Potsdam Hospital is currently only receiving notifications through Pulsara, without using it for in-house stroke alerts. Hannah from Carthage Hospital revealed plans for their hospital to soon utilize Pulsara for EMS notifications.
New Business	The Zodiac trial was highlighted during the chairman's report and subsequently raised in the context of new business concerning regional rollout and education. The consensus among the group was to defer any action until the official release of the Zodiac trial information and results to the public. It was agreed that maintaining this knowledge for now (HOB flat) is prudent. Anticipation is high for the official release of the Zodiac trial, at which point a group rollout plan can be thoroughly discussed during the upcoming regional Stroke Advisory Council meeting.
New York States Updates	Josh highlighted ongoing discussions regarding pediatric stroke alerts across state hospitals and emphasized the importance of determining appropriate EMS destinations for pediatric patients with neurological emergencies. He informed the group about Upstate's development of a pediatric neurological emergency response protocol, designed to swiftly recognize, conduct expedited MRI testing, and promptly treat patients presenting with acute neurological emergencies in the emergency department. This protocol involves bringing a pediatric neurologist to the patient and alerting the MRI and anesthesia teams in anticipation of potential pediatric patients needing treatment. Josh directed the group to the Upstate website, where the pediatric emergency neurological response pathway is available for reference, noting its implementation as of February 1st, 2024. He mentioned that several patients have already benefited from this pathway at Upstate since its introduction.

Educational Opportunities	Additionally, Josh reminded the group about Upstate's Rush Conference, held at noon on the 4th Wednesday of each month, offering 1.0 continuing education or CME credits for attendance. Interested individuals were encouraged to visit
	the Upstate stroke webpage or contact Josh for more details.
	Dr. J informed the group about the upcoming Rochester STAR Conference scheduled for May 16th, 2024, in Rochester, NY. This full-day, in-person stroke conference provides stroke CE credits for attendees.
Regional Reports/Round Table	Amanda Slate introduced herself as the new Clinical Coordinator for Fort Drum Regional Health Planning Organization. A warm welcome to Amanda!
	Heather Perry informed the group that Rome Hospital has achieved designation as the newest Primary Stroke Center in New York State, following a successful review by their accrediting organization. Congratulations to Heather and her team on this achievement!
	Josh announced the upcoming Stroke Survivor Camp scheduled for this summer in Louisville, NY, catering to stroke survivors and their caregivers. Those interested in volunteering were encouraged to contact Josh for further details. Additionally, individuals with specific stroke survivors who may benefit from the camp were encouraged to reach out to Josh for more information.
	Jenn Dennis from Upstate reported to the group that all Patient Care Reports (PCRs) for incoming strokes at Upstate were successfully received for the previous month. She acknowledged the collaborative efforts of Susie, various EMS department representatives, and herself in managing this process efficiently. Thank you to everyone involved for their contributions.
Adjournment	Meeting was adjourned at 1053
Next Meeting:	Friday, June 21st 2024 via Zoom https://upstate.zoom.us/j/93067046624