



UPSTATE COMPREHENSIVE STROKE CENTER VIRTUAL RUSH CONFERENCE SERIES

MAY 22ND, 2024

1200-1300

GOTO MEETING PLATFORM

PRESENTERS:

Allison Graff & Jennifer Keohane
Mindfulness Health Coach & Stroke Survivor
Mindfulness and The Life of a Stroke Survivor



Emily Costello, OT, CSRS
Occupational Therapist of PM&R
Cognition Therapy for Stroke Patients



LEARNING OBJECTIVES: Following this activity participants should be able to:

- The Learner will understand what mindfulness is and how it can help a stroke survivor, as well as life after a stroke.
- The learner will understand how a stroke patient can recover in everyday life after leaving the hospital.
- The learner will gain knowledge on cognition therapy for a stroke patient.

LOCATION: Virtual via GoTo Meetings (<https://register.gotowebinar.com/register/7161364859075425886>)

TARGET AUDIENCE: Nurses, residents, attending, mid-levels, pharmacy.

SPEAKERS/Moderators/Planners: Joshua Onyan, MSN, RN, SCRNP, Gene Latorre, MD

Accreditation: SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: SUNY Upstate Medical University designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Planners/Moderators: none of the planners or moderators have relevant financial relationships with ineligible companies.

ICNE Accreditation and Credit Designation: 1.0 Contact Hour will be awarded for this activity. The Upstate Medical University Institute for Continuing Nursing Education is approved with distinction as a provider of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Commercial Support: No commercial support was received for this activity.