



UPSTATE COMPREHENSIVE STROKE CENTER  
*VIRTUAL RUSH CONFERENCE SERIES*  
JANUARY 28<sup>TH</sup>, 2026  
1200-1300  
ZOOM MEETING PLATFORM

PRESENTERS:

**HESHAM MASOUD, MD**  
ENDOVASCULAR SURGERY  
*UPSTATE MEDICAL UNIVERSITY*  
CONTEMPLATIVE MEDICINE



**LEARNING OBJECTIVES:** Following this activity participants should be able to:

- The Learner will understand the definition of Contemplative Medicine.
- The learner will understand how contemplative medicine correlates to healthcare.
- The learner will gain knowledge what contemplative medicine is and how it is used today.

**LOCATION:** Virtual via Zoom meetings at: <https://upstate.zoom.us/meeting/register/RnwLPsy7T5mz4Rc41YIEGQ>

**TARGET AUDIENCE:** Nurses, residents, attending, mid-levels, pharmacy.

**SPEAKERS/Moderators/Planners:** Jennifer Rech, MSN, RN, SCRN, Joshua Onyan, MSN, RN, SCRN, Gene Latorre, MD

**Accreditation:** SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

**Credit Designation:** SUNY Upstate Medical University designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Speakers/Planners/Moderators:** none of the planners or moderators have relevant financial relationships with ineligible companies.

**ICNE Accreditation and Credit Designation:** 1.0 Contact Hour will be awarded for this activity. The Upstate Medical University Institute for Continuing Nursing Education is approved with distinction as a provider of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Commercial Support:** No commercial support was received for this activity.