



UPSTATE COMPREHENSIVE STROKE CENTER
VIRTUAL RUSH CONFERENCE SERIES
JANUARY 28TH, 2026
1200-1300
ZOOM MEETING PLATFORM

PRESENTERS:

**HESHAM MASOUD, MD, MSC, RPNI,
CHSE, FSVVIN**

VASCULAR AND INTERVENTIONAL NEUROLOGIST
UPSTATE MEDICAL UNIVERSITY
CONTEMPLATIVE MEDICINE



LEARNING OBJECTIVES: Following this activity participants should be able to:

- The Learner will understand the definition of Contemplative Medicine.
- The learner will understand how contemplative medicine correlates to healthcare.
- The learner will gain knowledge what contemplative medicine is and how it is used today.

LOCATION: Virtual via Zoom meetings at: <https://upstate.zoom.us/meeting/register/RnwLPsy7T5mz4Rc41YIEGQ>

TARGET AUDIENCE: Nurses, residents, attending, mid-levels, pharmacy.

SPEAKERS/Moderators/Planners: Jennifer Rech, MSN, RN, SCRNP, Joshua Onyan, MSN, RN, SCRNP, Gene Latorre, MD

Accreditation: SUNY Upstate Medical University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: SUNY Upstate Medical University designates this live activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Speakers/Planners/Moderators: none of the planners or moderators have relevant financial relationships with ineligible companies.

ICNE Accreditation and Credit Designation: 1.0 Contact Hour will be awarded for this activity. The Upstate Medical University Institute for Continuing Nursing Education is approved with distinction as a provider of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Commercial Support: No commercial support was received for this activity.