

## **New York City Poison Control Center (NYC PCC) Consultants' Conference**

Consultants' Conference is a monthly meeting attended by medical toxicologists, emergency physicians, pharmacists and other learners from all over the Northeast. It is an educational activity in which the *Consultants* (renowned experts in various medical specialties) provide insight into the analysis and approach to the diagnosis and treatment of interesting toxicologic cases. The cases are presented mostly by the NYU Toxicology fellows in training, but anyone can present their case if deemed appropriate. Learners of all levels can benefit from the rich and often dynamic discourse.

The next NYC PCC Grand Rounds and Consultants' Conference will be held on February 3, 2022. Grand Rounds will start at 1PM EST and Consultants' Conference will follow immediately. The topic and speaker will be:

### **“The Quest to be Thin”**

**Jeanna M. Marraffa, PharmD, MPH, DABAT**  
**Clinical Toxicologist**  
**Upstate Medical University**  
**Upstate New York Poison Center**

Consultants' Conference will take place from 2 PM - 4 PM EST.

We will be broadcasting both the Grand Rounds lecture and Consultants' Conference via the same link on WebEx and there WILL NOT be a live conference at the Public Health Laboratory. Please click [HERE](#) to register and download the WebEx outlook file.

**Please Note: If you would like to receive this monthly announcement on a regular basis, please register for the conference at the link above, even if you are unable to attend.**

**Please post and distribute.**  
**All are welcome.**

Cases to be discussed for Consultants' Conference include:

1. A 27-year-old man with a past medical history of major depression presents to the ED with confusion and agitation and a witnessed (?) seizure at home following an overdose. On arrival to the ED, he has a generalized tonic-clonic seizure and is endotracheally intubated. Placement of an 18 French nasogastric tube reveals pill fragments in gastric effluent, which are removed by suction. His initial vital signs are: BP, 188/89 mm Hg; HR, 145 beats/min; RR, 20 breaths/min; T, 36.6 degrees Celsius; O<sub>2</sub> Sat, 100% (40% FiO<sub>2</sub>). His initial electrocardiogram after intubation shows sinus tachycardia at a rate of 139 beats/min with a QRS of 110 milliseconds and a QTc (Rautaharju) of 575 milliseconds.
2. A 29-year-old woman with no significant past medical history presents to the ED with atraumatic leg pain and swelling. Her initial vital signs in the ED are: BP, 112/62; HR, 100 beats/minute; RR, 20 breaths/min; T, 36.9 degrees C; O<sub>2</sub> Sat, 95% (RA). She appears uncomfortable with a tight, swollen right leg and is taken for emergency surgery because of the concern for compartment syndrome. Her initial labs are: Hb 11.5 g/dL; PT > 100s; INR > 9; PTT, 139.4s. Toxicology is consulted for recommendations.
3. A 2-year-old girl presents to the hospital with altered mental status and abnormal behavior after being given an "appetite stimulant" purchased outside of the United States. Her initial vital signs are: BP, 108/72 mmHg; HR, 170 beats/min; RR, 30 breaths/min; T, 36.5 degrees C; O<sub>2</sub> Sat, 93% (RA).

Mark K. Su, MD, MPH  
Director, New York City Poison Control Center

**Jointly Provided by the NYU Grossman School of Medicine and the Poison Control Center.**

**Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the NYU School of Medicine and the Poison Control Center. The NYU Grossman School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

**Credit Designation Statement**

The NYU Grossman School of Medicine designates both of these as live activities for a maximum of 0.75 *AMA PRA Category 1 Credits<sup>TM</sup>* for Toxicology Grand Rounds and 2 *AMA PRA Category 1 Credits<sup>TM</sup>* for Consultants' Conference. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure Statement**

The NYU Grossman School of Medicine adheres to ACCME accreditation requirements and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.