

New York City Poison Center Consultants' Conference

APRIL 2024

Consultants' Conference is a monthly meeting attended by medical toxicologists, emergency physicians, pharmacists and other learners from all over the Northeast. It is an educational activity in which the *Consultants* (renowned experts in various medical specialties) provide insight into the analysis and approach to the diagnosis and treatment of interesting toxicologic cases. The cases are presented mostly by the NYU Toxicology fellows in training, but anyone can present their case if deemed appropriate. Learners of all levels can benefit from the rich and often dynamic discourse.

The next NYC Poison Center Grand Rounds and Consultants' Conference will be held on April 4, 2024. Grand Rounds will start at 1PM EST and Consultants' Conference will follow immediately. The topic and speaker will be:

Au Naturel! Animal Toxins to Therapeutics

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Consultants' Conference will take place from 2 PM - 4 PM EST.

The live conference will be held in the Public Health Laboratory and we will also broadcast via WebEx. Please click [here](#) to register and download the WebEx outlook file.

Please Note: If you would like to receive this monthly announcement on a regular basis, please register for the conference at the link above, even if you are unable to attend.

Please post and distribute.
All are welcome.

Cases to be discussed for Consultants' Conference include:

1. A 13-year-old girl with a history of major depression does not come down from her room in the morning after her mother wakes her up to go to school. When the mother goes back to her room, the girl is noted to have vomiting with blood. She is immediately taken to the hospital. In the ED, her initial vital signs are: BP, 137/92 mmHg; HR, 137 beats/minute; RR, 24 breaths/minute; T, 97.9 degrees Fahrenheit; O₂ Sat, 99% (Room Air). There is no suspicion of overdose initially until one of her medication bottles is found to be nearly empty hours later.
2. A 50-year-old man with no significant past medical history presents to the ED after a suicidal ingestion six hours prior to arrival. He reports nausea, vomiting and diffuse abdominal pain. His initial vital signs are: BP, 146/84 mm Hg; HR, 86 beats/minute; RR, 19 breaths/minute; T, 98 degrees Fahrenheit; O₂ Sat, 100% (Room Air). His physical examination is normal; his initial laboratory tests are notable for a platelet count of $5 \times 10^9/L$.
3. A 100-year-old woman with a past medical history of atrial fibrillation, congestive heart failure, and chronic kidney disease presents to the ED from a nursing home where she was inadvertently administered too many of one of her medications. Her initial vital signs are: BP, 132/60 mm/Hg; HR, 33 beats/min; RR, 18 breaths/min; T, Afebrile; O₂ Sat, 97% (Room Air). The patient is described as alert but mildly confused.

Mark K. Su, MD, MPH
Director, New York City Poison Center

Jointly Provided by the NYU Grossman School of Medicine and the Poison Control Center.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the NYU School of Medicine and the Poison Control Center. The NYU Grossman School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation Statement

The NYU Grossman School of Medicine designates both of these as live activities for a maximum of 0.75 *AMA PRA Category 1 CreditsTM* for Toxicology Grand Rounds and 2 *AMA PRA Category 1 CreditsTM* for Consultants' Conference. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The NYU Grossman School of Medicine adheres to ACCME accreditation requirements and policies, including the Standards for Commercial Support regarding industry support of continuing medical education. In order to resolve any identified Conflicts of Interest, disclosure information is provided during the planning process to ensure resolution of any identified conflicts. Disclosure of faculty and commercial relationships as well as the discussion of unlabeled or unapproved use of any drug, device or procedure by the faculty will be fully noted at the meeting.