

2026 Child Life Coping Tools Tournament

Name _____
 Unit/
 Affiliation _____

Distraction & Toys

Prep Tools & Strategies

Media

Sensory/ Non-Pharm

Championship March 27



1. Light Spinner

8. Little People

3. Pop Tube

6. Baby Rattles/
Shakers

4. Nee-Doh/
Slime

5. "I Spy" Book

2. Bubbles

7. Glitter Wand

1. Bluey

8. Mickey
Clubhouse

3. Patient-Preferred
Music

6. Cupcake
Game

4. Miss Rachel

5. YouTube

2. YouTube Kids

7. Truck
Game

1. Medical Play

8. Visualization

3. Procedure
Narration

6. Medikin Port
Doll

4. Prep Books

5. One VOICE

2. Prep Dolls

7. Simply Sayin'

1. Buzzy

8. Cold Spray

3. Conversation

6. Deep
Breathing

4. Star Stress
Ball

5. Giving
Choices

2. Position of
Comfort

7. Sweet Ease

First Round
March 23

Sweet 16
March 24

Elite 8
March 25

Final 4
March 26

Final 4
March 26

Elite 8
March 25

Sweet 16
March 24

First Round
March 23

2026 Coping Tools Tournament

Tournament Play:

- Our coping tools tournament will take place in 5 rounds, one round per day Monday March 23-Friday March 27.
- Voting will be open each day 8:30a-7:30a the following day.
- Voting on each matchup will take place online (see QR Code) and on our Instagram Stories @upstategolisano_childlife.



To Submit a Bracket:

Complete your bracket by choosing a winner for each matchup
BE SURE TO INCLUDE YOUR NAME AND UNIT AFFILIATION
Submit your paper bracket to your unit's Child Life Specialist
OR email a scan/photo to burnsmar@upstate.edu
NO LATER THAN 11:59pm on Friday March 20.

Bracket Scoring:

Round 1 Winners: 2pts | Round 2 Winners: 4pts | Round 3 Winners: 8pts

Round 4 Winners: 16pts | Tournament Winner: 32pts

Prizes:

Individual prizes for 1st, 2nd, 3rd place
Unit/Department Party Pack Prize

No Foolin'!
Winners announced
Tuesday March 31--
April Fool's Eve

