

**SHARE**



**BE FEATURED  
ON UGCH  
SOCIAL  
MEDIA!**

We want to showcase the amazing people and moments across our hospital—and that includes YOU!

👉 Use your imagination! Submit photos of your team celebrating, connecting, or having fun at work 📸

### 🌟 **HOW TO SUBMIT**

✉ Email: [melicem@upstate.edu](mailto:melicem@upstate.edu) / 📱 Text: 315-885-1861

Include a quick blurb about:

Who's in the photo

What you're celebrating

Why it matters



### 🚩 **REMINDER**

\*\*No patients or patient information in photos or backgrounds

## 🎉 **JUNE OPPORTUNITIES** 🎉

👉 Pride Month

🐱 National Best Friends Day (June 8)

👩‍⚕️ CNA Week (June 11–17)

🧸 National Children's Day (June 14) - 👉 Share your "then & now" childhood photos!

💖 National Pink Day (June 23)

😎 National Sunglasses Day (June 27)

💙 **LET'S CELEBRATE OUR TEAM!**