

Instructions for Self-Administration COVID-19 Pooled Testing:

1. Use QR code to access register.suny-covid.com and **Log-in**
2. Click on **Register a new test**
3. Review assurances and check 2 boxes if you consent, click **Next**
4. Review and respond to Health questions on next 2 pages and click **Next**
5. Obtain test kit and click **I have a test kit**
6. When your phone asks to access your camera, click **Cancel** or **Block**
7. Click on Manually enter **barcode**
8. Obtain barcode from test kit and enter characters twice and click **Validate**
9. Next, click **Finalize Session** and you are all set with your mobile device.
10. Sanitize hands
11. Open test kit and clearly write your First Name, Last Name and DOB on tube
12. Swab inside the base of each cheek for 5 seconds and for 5 seconds underneath your tongue for a total of 15 seconds
13. Hold tube upright, ensuring not to spill fluid, unscrew blue cap, invert and screw back on tightly.
14. Shake tube for 20-30 seconds, place test kit in biohazard bag, and then place in the drop-off bin.
15. Check you email in 24-48 hours for results of whether you are in a positive or negative pool.
16. For any questions, email **Pooltesting@upstate.edu**