

WIMS Community Services List – (Last updated 03/2019)

Restaurants – Night Out

Italian:

Rosalie's Cucina (Skaneateles) 685-2200
Asti's Café (N. Salina St.) 478-1038
Francesca's (N. Salina St.) 425-1556
Joey's (Carrier Circle) 432-0315
Grimaldi's (Yorktown Circle, E. Syr) 432-4614

French:

Chop House (Waring Road) 445-1976
Mirbeau (Skaneateles) 685-5006
Joelles Bistro (Skaneateles) 685-3063

Thai:

Lemon Grass (W. Jefferson St.) 475-1111

Organic:

Elderberry Pond (near Skaneateles) 252-6025

Mediterranean:

Black Olive (Syracuse) 399-5599

American / Sushi:

Arad Evans Inn (Fayetteville) 637-2020
Mohegan Manor/
Club Sushi (Baldwinsville) 857-0079
The Inn Between (Camillus) 672-3166

Other Restaurants:

Brewster Inn (Cazenovia) 655-9232
Grover's Table (Fayetteville) 632-4907
Delmonico's Steakhouse (Erie Blvd) 445-1111
Prime Steakhouse (E. Water St.) 299-8047
Daniella's Steakhouse (State Fair Blvd) 471-9874

Restaurant – Casual

Thai:

appeThaizing (Syracuse) 295-2200
appeThaizing (Liverpool) 453-5500
Bangkok (Liverpool) 451-4621
Erawan (Erie Blvd) 445-8152
Little Thai House (Erie Blvd) 251-1366

Middle Eastern:

Munjed's (Westcott Street) 425-0366
King David's (Fayetteville) 637-0485
Kind David's (Marshall Street) 471-5000

Sushi:

Tokyo Seoul (Erie Blvd) 449-2688
Blue Monkey (Marshall Street) 474-0099
Club Sushi (Baldwinsville) 857-0079

Mexican:

Alto Cinco (Westcott Street) 422-6399
Papagallo (Fayetteville) 632-4789
The Mission (E. Onondaga St.) 475-7344
Azteca Mexican Grill (Camillus) 488-7045
Otro Cinco (Warren Street) 422-6876

Italian:

Casa di Copani (Burnett Ave) 463-1031
Rico's (Bridge Street) 432-1862

Korean

Chorong House (E. Fayette St.) 428-0501

Chinese:

Fortune Hawaii (Dewitt) 446-6666
~~China Road (Mattydale) 455-1642~~
China Café (Manlius) 682-1999
Golden City (Dewitt) 445-0888

Indian

Dosa Grill (Dewitt) 445-5555
Sohota Palace (Liverpool) 413-0016
Taj Mahal (Erie Blvd E) 446-2229

Other Casual Restaurants:

Dinosaur Barbeque (W. Willow St.) 476-4937
Dark Horse (Dewitt) 446-3180
BoneFish Grill (Fayetteville) 637-0491
Riley's (Park Street) 417-7111
Laci's Tapas Bar (Hawley Ave.) 218-5903
Flame (Fayette St.) www.flame713.com 423-5263
Ironwood (E. Seneca St, Manlius) 744-8470
Seven Stone Steps (Cazenovia) 655-3461
Julie's Place (Syracuse) 472-9528

Vegan

Strong Hearts 478-0000
Strong Hearts (Marshall Sq Mall) 478-5500

Restaurant – Take Out

Mexican:

Alto Cinco (Westcott St.) 422-6399

Chinese:

China Café (Manlius) 682-1999
Fortune Hawaii (Dewitt) 446-6666

Thai:

Erawan (Erie Blvd) 445-8152

Vinomania (Syracuse) 422-8466
Pascales (Erie Blvd) 445-0445
Liquor City (near Wegmans) 449-1818

Caribbean

Jerk Hut 478-5303

Has curb service:

Applebees (Eric Blvd) 445-7000
Carraba's (Fayetteville) 637-7400
Uno Chicago Grill (Fayetteville) 637-8667
TOUS les JOURS (Eric Blvd E)
(French Artisan Bakery) 449-0170

Wine Stores

Deckers (Fayetteville) 637-1504
Harborview (Syracuse) 474-6810
Cork Monkey (Manlius) 682-2201

Caterers

All Seasons Catering – foodforfun@twcny.rr.com
Josh Davis, Chef 315-263-0926 or Liz 315-569-1723

Home Services

Blinds:

Tania, Budget Blinds of CNY 662-3900

Cleaner:

Kathy Clark 447-3108
Tanya Grigorchuk 727-207-1936
(contact Sharon Brangman or Colleen O'Leary w/??s)
Kim Hayes 263-6644
Pat Young 663-4179
Yavonna 224-720-3211
(contact Vicki Meguid (meguidv@upstate.edu))

Computer Repair/Web Design:

Bob Dewey 430-4263

Contractor:

Joe Corasaniti (INEX) 699-8231
Guy DeMascole (tile person) 433-1990
Petr Latts 558-9594
Dave Miller 655-9825
Brice Planty 607-345-1169
Paul Ruggeri II 682-5632

Designer/Decorator:

Sandra Rogers 655-5616
Liz Hill 682-4777

Doggy DayCare:

BluePrints Dog Studio 446-2070
DogGoneInn (Manlius) 682-0783
Leah Pekarsky – www.DogGoneInn.com
Crittter Sitters 430-7257

Electrician:

Ed Mapstone (Manlius) 682-6769
CKA Electric 430-5532
Jae Bee Electric (Tully) 696-8543
(May – October only)

Garage Door:

Senkes (East Syracuse) 656-3690

Handy Person:

Dave Miller 655-9825
Paul Ruggeri II 682-5632

Hardwood Floors:

M and D (North Syracuse) 458-2244

Heating & Refrigeration:

A1 Heating & Refrigeration 487-5928
Al Michaels 487-5929
Robert O'Connor 440-7557

Landscaping/Exterior Decorator:

Mueller Farms 682-8167
Mike Grimm 477-0124

Landscaping/Exterior Decorator (con't):

Julie Liebman/Mrs. GreenJeans 492-1100
Rock Lobster Landscapes 729-7823
(Paul Byrne)
Carol Watson (Lafayette) 677-0286
Mariane Wheatley Miller 432-4626

Mechanic:

Hiram's (Liverpool) 622-1818
Azria (E. Genesee Street) 445-0147
Swedish Auto (Spencer Street) 428-0281
Sears (Erie Blvd) (for snow tires) 445-3895
Dave Colligan 655-9211
Don's Autobarn (New Woodstock) 662-7124
Valvoline (Fayetteville) 637-5221
Dunn Tire (Dewitt) 446-0043
Brian at Manlius Motor Works
(Manlius) 682-9126
Upstate Imports Auto Repair (B'ville) 303-7309
G&V Auto Care (Johh & Bob)
(Liverpool) 457-5700
Collision: Zell's Auto Body (Joe)
(Solvay) 468-4405
Fender Rebender (Bob) 425-1338

Painter:

Fritz Brown 468-3895
Women at Work 423-5443
George De Haas (Manlius) 682-9272
Richard Hendrix 682-5705
Gail Demi (Creative Painting) 730-2059
<http://www.gaildemi.com/>
Pedro 727-8550

Piano Tuner:

John Harrington 484-4430
Sauer Notes Piano Tuning 437-1908
-or- 800-55-PIANO

Plumber:

Automatic Utilities 655-9508
Cross Bros. Plumbing (Jamesville) 492-1998

Snow Removal:

Clay Coleman 436-5538
Yard Smith 424-7121
Mike Grimm 477-0124
Jeremy - Snow Pass Plowing
(East Side) 263-1033

Towing Service:

RJ Hence & Sons 637-1544
Pascarella's 478-7770

Tree Services:

AJP Tree Works 246-1015

Upholsterer:

Raymond Stagg 488-0310

Personal Services

Facial:

Angela Goodwin at Fringe
(Fayetteville) 637-4100

Hair:

Diane Farhoud (Salon-salon)..... 449-3228
(Fayetteville)
Denise at Strands 484-9757
(Fay Road)
Connie at JCPenney 466-2422
(Carousel Mall)
Thom Green (James Street) 478-0761
Alyssa at Adagio Salon 430-5763
Jilain Pastella-Salomone 472-1306
(at Liz Lanza's)
Michael DeSalvo at Hairanoia 479-8255
Gina at Continental Coiffures (Dewitt) 446-7710
Kim at LaFace (Dewitt) 299-4190
Matthew's Salon (Erie Blvd E, Syr)..... 446-4800
Penny at Garbo's 422-6007

Massage:

Aimee Jurista 655-9838
BodyWorks (North Syracuse) 458-0501
Kathy Leonard 424-1159
(Onondaga School of Massage)
Laura Hannett-Smith..... 447-6907
SpaZend (Syracuse)..... 424-3772
Kyle at Matthews Salon
(Erie Boulevard) 446-4800

Nails:

Modern Nails (Manlius)..... 682-7993
Unicorn Nails (Syracuse)..... 251-0100
SpaZEnd (Syracuse) 424-3772
JV Nail Salon (Fayetteville)..... 637-8705
Tracy @ Evan Michaels (Syracuse) 470-0770

Physical Therapist:

Jarmel Physical Therapy (Hill Medical Ctr)
Susan Jarmel, PT/Owner of JPT 314-7834
Michelle Dolphin & Adam Rufa @
Bone & Joint (East Syracuse)..... 464-6543
Darryl Leach & Jess Serron @
Mauro-Bertolo (Cicero) 699-1009
Physical Medicine & Rehabilitation..... 464-6543
Women's Pelvic Rehabilitation Prog. 464-6312

Sports:

Running – Fleet Feet Sports www.fleetfeetsyracuse.com
Scuba Diving -
National Aquatic (Eric Blvd) 479-5544
SkyZone – Indoor Trampoline Park 928-3737
(3179 Erie Boulevard)
Tap Dancing w/ Barry Shultzman (www.jccsyr.org)
@ the JCC, Tuesday evenings
Dynamic Health & Fitness (B'ville)..... 935-7047
Infinite Light Yoga (Jamesville)..... 373-0626

Tailor:

Rags N Bags (Dewitt) 446-8277
Kim's Tailoring (Dewitt)..... 449-3402
3 Star Tailoring (Fayetteville)..... 637-5505

Trainer:

Dean Evans (to your home only) 200-0724
(deanpump@yahoo.com)
Mike or Joe at
Jewish Community Center Gym 445-2040
YMCA (Fayetteville)..... 637-2025
YMCA (Clay)..... 451-2562
Kathy Morse..... 655-2348
Teddy Wilson 699-0533
Sue (Pilates) 374-9110
Roger Markell (Gold's Gym Dewitt) 446-0376
(www.goldsgymsyracuse.net)
Kathy Caiello – Fitstop..... 214-5466
(www.kathysfitstop.com)

Women's Health Services

Upstate Women's Health Network..... 464-2756
Upstate Women's Health Services 464-5210

OB/Gyn Physician:

Cathy Berry & Assoc. (Syracuse)..... 422-8105
Kris Kratzert (Syracuse) 478-1158
Carla Liberatore (East Syracuse)..... 469-4044
Melanie Ramachandran (Syracuse)... 471-4911
Steve Ryu (Syracuse) 671-0070
Suzanne Bartol-Krueger..... 671-0070
University OB/Gyn Assoc 464-5162
Contemporary OB/Gyn..... 685-1691
Howard Weinstein, MD 492-2520
Shane Sopp, MD 492-5005
Upstate Community OB/Gyn 492-2488

Midwife

Upstate Midwifery & Gynecology..... 492-3623

Primary Care Physician:

Ray Forbes (Syracuse) 479-5070
Caroline Keib (Syracuse) 479-5070
Biby Rajan-George (Syracuse) 471-8388
Geeta Sangani (Syracuse)..... 469-3373
Lubna Wani (Syracuse)..... 464-6527

Dentist:

Howard Alexander (Syracuse) 476-9371
Donald Crumb (Syracuse)..... 475-6641
R. Clark Goodwin (Fayetteville) 445-1540
Grant Blvd Dental/Smile Solutions
(Dewitt) 472-3414
Michael Miller (Dewitt)..... 637-4616
Gary Revercomb (Manlius) 682-8400
(www.manliusdentist.com)
Steven Zdep (Syracuse) 471-6188
James Draveck (Oak St, Syracuse) ... 473-1200

Personal Services (con't)

Dermatologist

Joseph Housel (North Syracuse)..... 452-3376

Endodontist:

Stanley Kaplan (Syracuse)..... 476-7406

Joseph Katsarsky (Fayetteville) 637-3930

Orthodontist:

Joseph Catania (Fayetteville)..... 446-3360

David Konys (Manlius) 682-5138

Oral Surgeon:

Richard Konys (Fayetteville) 637-3930

Vet:

Dr. Wojcik (Liverpool)..... 451-5455

Manlius Vets..... 682-2200

Stack Veterinary Hospital

(Fayetteville)..... 637-9815

(Syracuse)..... 478-3161

Finger Lakes Equine (Ithaca) 607-347-4770

Dewitt Animal Hospital (Dr. Wilcox).... 446-1200

Lawyers:

Disability:

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One Lincoln Center (Syracuse)
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